



Our Lady of Lourdes Primary

5 Canyon Road,
Baulkham Hills South
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www.ololbhills.parra.catholic.edu.au

Term 2 Week 5

31st May, 2019

2019 Dates to Remember

June

Wednesday 5th

Stage 3 Boys
Soccer Gala Day

Thursday 6th

9.30am Parish Mass Year 5
Reconciliation 5M
Priest Visit Year 3
6.30pm School Band
Concert

Monday 10th

Queens Birthday
Public Holiday

Tuesday 11th

2.20pm K-6 Assembly
Year 4

Wednesday 12th

Parramatta Rugby League
Knockout

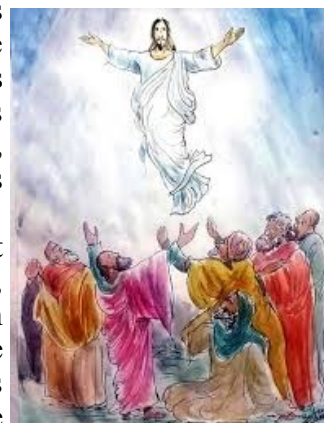
The Gospel reading for this Sunday is from Luke 24:46-53

While blessing them, he was taken to heaven.

Jesus said to his disciples: 'You see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in his name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.'

'And now I am sending down to you what the Father has promised. Stay in the city then, until you are clothed with the power from on high.' Then he took them out as far as the outskirts of Bethany, and lifting up his hands he blessed them. Now as he blessed them, he withdrew from them and was carried up to heaven. They worshipped him and then went back to Jerusalem full of joy; and they were continually in the Temple praising God.

Ref: Liturgyhelp.com



Afternoon Tea at Parliament House.

On Wednesday 29th May, our captains were invited by the Member for Baulkham Hills, Mr David Elliot, to attend an *Afternoon Tea at Parliament House*. This event was for school captains in the Baulkham Hills area. The Students met the NSW Premier Gladys Berejiklian, David Elliot and many other leaders in our community.



School News

Condolences

Our thoughts and prayers are with Mrs Daines (Reading Recovery teacher) and her family on the passing of her husband, Chris last weekend

School Fees

Please finalise any out standing school fees immediately, Term 1 fees were due on 29th March.

Athletics Carnival

Last Friday 24th May, children from years 2-6 went to Yattendon Oval to participate in the Athletics Carnival. Students aged 8-12 years were able to participate in the following events 800m, 100m and 200m. Well done to the 7 year old children who ran in the 300m and the 100m. I am sure they will feel prepared when they attend the Athletics Carnival next year.

All children are to be congratulated on their efforts and sportsmanship on the day. It was so good to see so many students taking part in the events to gain points for their team. It was also good to hear all of the colour houses cheering for their team members.

A big congratulations to the **Blue Colour House** who had the highest point score at the end of the day.



Thank you to all of the parent helpers who assisted on the day. These days could not run without you. It was a long day and the children at OLOL appreciate you giving up your time, we appreciate you giving up your time and energy to help with the events.



Age Champions and Runners Up Awards are based on points gained for the first 4 placing in, 100m Final , 200m timed Final , 800 timed Final , Long Jump and Shot Put.

Social Skills

Care and Compassion—Being Positive



- ◆ Encourage others in the class room and the playground
- ◆ Helping others



Parish News

For Youth in the Parish of Baulkham Hills

Bake Sale Fundraiser: On Sunday the 23rd of June we will be co-ordinating a Parish bake sale fundraiser, with funds going towards the Parish of Baulkham Hills Winter camp, this year themed - 'the Born Identity'. Funds help cover the overall costs of the camp, as well as sponsor those who are unable to come for financial reasons. If you can offer your baking skills, or can help to sell baked cakes, muffins and cookies on the day, please contact the youth minister.

Youth Mass: From 6-7pm each Sunday at St. Michael's, we want to bring ministries together to provide an engaging experience of liturgy for youth. To do this we need more young people for ministries such as welcoming, offertory, reading and collection, for more information please contact the Youth Minister.

If you have any questions or concerns please contact the Youth Minister - Paul Fam, on 0407 773 174, or send an email through to youth@parishofbaulkhamhills.org.au

P & F News

We had a great turn out to our P&F Meeting on Tuesday night. Thank you to all who attended and to those that sent their apologies and ideas.

Very exciting news - we are now ready to launch the fete! The date was announced to the students today and much excitement followed. **Saturday 9th November** is the date to save! The fete will run from **10am - 4pm**. We will be looking for lots of volunteers but for now we are interesting in hearing from any parents who can assist now by organising a stall prior to the day. Please e-mail us at lolbhevents@gmail.com to let us know if you can be involved in this initial planning stage. Or feel free to directly speak to Kate Rose or Katrina Gooding. We understand that there are many busy parents in our school but if we can all give a bit of time then we can make this another great fete. Looking forward to hearing from you.

LOLO P&F



Save the date.....

It's Back !!!!!!!!!!!

LOLO SCHOOL FETE

Saturday 9th November, 2019

10am – 4pm





Dear Parents

The children of Our Lady of Lourdes School Band cordially invite you to attend

‘An Evening of Music’

to be held on Thursday evening, 6th June 2019 at 6.15pm for a 6.30pm start, in the Learning Centre.

This special evening gives each of our band children the opportunity to demonstrate their progress on their chosen musical instrument. They will entertain you with both ‘small group’ songs, and a short band performance.

Come along to encourage and support your child and to help make this evening a memorable one.

We look forward to seeing you there.

*Jenny Sparks
Band Director*

PS: Dress for musicians is smart casual (mufti).

Religious Education in Year 4

Term 2: Week 5

In Term 2, Year 4 have been exploring experiences of 'New Life', and how this is related to the Church's celebration of the mystery of Jesus' Death and Resurrection. Similarly, how this is portrayed in the Liturgies of Holy Week and the Easter Season.

Easter Season

New Life

- New season
- New Year
- Jesus beginning a New Life in heaven
- chicken hatching
- Birth of a baby
- A flower blooming
- A new day
- In nature - new plants
- Reconciliation
- Baby bird learning to fly

Learning Intention

Religion Learning Intention: We are learning to read, analyse and compare the different accounts of Jesus' Resurrection and how both the disciples and followers of Jesus experienced New Life through the risen Jesus. The Gospels have different accounts.

Success Criteria

- I can identify and read the four Gospel accounts (Matthew, Mark, Luke, John) about Jesus' Resurrection.
- I can explain and locate the similarities and differences in all four accounts.
- I can be reflective of Jesus' Resurrection and the significance it plays in my life, the local/broader Catholic community.

Easter Symbols

Light - light represents fire. The Christian community gather around the bright Sacred Flame which stands for God's presence.

White Garment - the white garment represents new life. We wear it at Baptism as we enter God's faith. It is an important part of the baptism ceremony.

Oil - we usually use oil to heal and strengthen. It is an Easter symbol because it is blessed with oil at baptism.

Water - it represents life from God. At Easter, we are blessed with water and life.

Wine - the wine and bread - these are the symbols of life, which are used in Baptism. They are made of wheat and grapes.

Bread

Three days from Holy Thursday Evening until Easter Sunday Evening are known as the Triduum. A symbol is like a window for God. Prayer!!!

Oil

Oil is used to heal and strengthen. The oil is rubbed into a wound to soothe and aid its healing.

White Garment

Early Christians were clothed in white as soon as they emerged from the darkness of Baptism. The white garment is an important part of Baptism.

Easter Promise

by Allegra Petersen

The symbols are light, water, oil, white garment, and communion. Meditating is a peaceful way to be with God. There are lots of different prayers, actions and symbols for Easter.

NEW LIFE

Prayers: Peace Within, The Rosary, Angel of God.

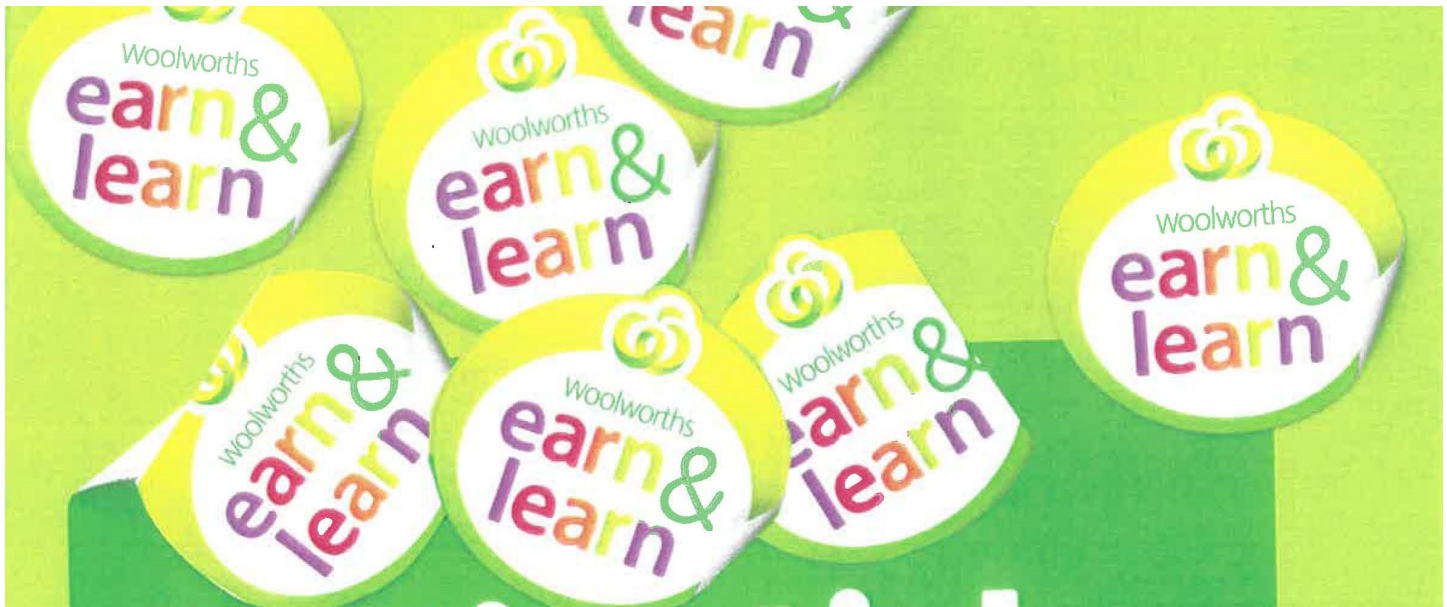
Symbols: Plants, Egg, Bread and Wine.

Key Actions: Baptism, Having a baby, Reconciliation.

Our Father: Our Father, who art in heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

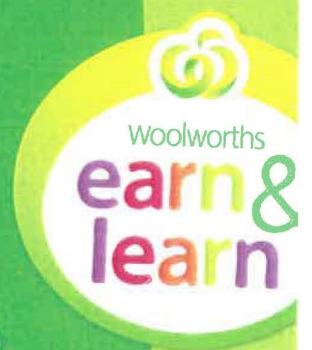
Jesus = Love

By: JACOB



Let's stick together with Earn & Learn

1 May to 25 June 2019



That's why I pick Woolies

SCHOOL CANTEEN

OUR LADY OF LOURDES PRIMARY SCHOOL

2019



~ SANDWICH BAR ~

Vegemite, Jam or Honey (E)	\$2.50
Margarine spread	
Chicken (E)	\$4.20
Grilled Chicken, Lettuce & mayo	
Cheese Tomato (E)	\$3.50
Cheese & tomato	
Ham (E)	\$3.80
Cheese & tomato	
Tuna (E)	\$3.80
Mayo, cucumber, Spanish onion, sweet chilli	
Cheese (E)	\$2.80
Sliced tasty cheese	
Salad (E)	\$3.60
Lettuce, carrot, tomato, cucumber, beetroot, onion	
Egg (E)	\$3.80
Mayo & lettuce	
Curried Egg (E)	\$3.80
Mayo, curry & lettuce	
Breads (G) White or wholemeal	\$1.50
Gluten Free Sliced	\$0.60
White Roll	

Extras	
Cucumber, tomato or lettuce (G)	\$0.60
Ham (O)	\$0.70
Avocado (G)	\$1.00
Boiled Egg (G)	\$1.00
Hummus (G)	\$1.00

Lunch Bag	\$0.20
Spoon or Fork (without a lunch order)	\$0.10
Sauce Portions	\$0.30

MTB are NSW Healthy School Canteen
Approved Operators

FOOD CODING

E	Everyday / O Occasionally
Gf	Gluten Free

~ SUPER SALAD BAR ~

Greek Salad (E) (Gf)	\$5.00
Tomato, cucumber, Spanish onion, pitted olives & feta	
Chicken Caesar (E)	\$5.00
Grilled Chicken, Cos lettuce, croutons, egg, Caesar dressing	
Chicken Buster (E)	\$5.00
Grilled chicken, tabouli & hummus	
Garden Salad (E)	\$4.80
Lettuce, tomatoes, cucumber, carrot, capsicum & sprouts	
Health Pack (E)	\$5.00
Tasty Cheese fingers, carrot sticks, rice crackers, hummus & Tzatziki Dip	

* All Salads are Served with Lebanese Bread

~ WRAP BAR ~ (E)

Served in Lebanese Bread	1/2	Full
Grilled Chicken & Salad	\$3.00	\$5.80
Ham & Salad	\$3.00	\$5.80
Tuna & Salad	\$3.00	\$5.80

~ TURKISH BREADS/FOCACCIAS (E) - \$7.00

Chicken – Grilled Chicken breast, roasted capsicum, pesto & tasty cheese
Mediterranean – Ham, artichokes, roasted capsicum, olives & feta cheese
Vegetarian – Eggplant, sun-dried tomatoes, roasted capsicum, olives & feta cheese

~ BREAKFAST ~

Scrambled eggs on Toast (1) (E)	\$1.50
Egg & Cheese Roll (E)	\$2.50
Bacon & Egg Roll (O)	\$3.00
Hash Brown (O)	\$1.20

Toasted Sandwiches (E)	
Cheese 1/2	\$1.00

Raisin Toast (2) (E)	\$2.00
Toast (2) (E) Jam or Honey	\$2.00

Fruit (E)	
Fruit available daily	from \$1.00
Fresh Fruit Salad Cup (E) (Gf)	\$2.50

Look out for our
Weekly
Specials!

~SWEET TREATS ~

Warm Banana & Custard (E)	\$2.20
Pikelets w/ Jam (3) (E)	\$2.20
Custard & Fresh Fruit (E)	\$2.20
Homemade Muffins (O) 80gr (Banana or Blueberries)	\$2.00

CELEBRATE YOUR BIRTHDAY AT SCHOOL!

Order your Quelch Ice block
Bucket on our MTB website or ask
one of our friendly staff at our
MTB Canteens!

www.melstastybites.com

CRUNCH & SIP

before 9am - **\$2.00**



Bottle of Water 600ml plus a choice of a Apple, Banana or Orange

SCHOOL CANTEN

OUR LADY OF LOURDES PRIMARY SCHOOL

2019



~ BURGERS & ROLLS ~

Grilled Chicken Burger (E)	\$5.00
Marinated chicken breast, lettuce & Aioli mayo	
Veggie Burger (E)	\$5.00
Veggie pattie, lettuce and tomato	
Chicken Pattie (O)	\$5.00
Breast Fillet Pattie, lettuce & mayo	
Big Beef (E)	\$5.00
Homemade beef patty, fried onion, beetroot, tomato & lettuce (Choice of sauce)	

~ MEXICAN BAR ~

Beef Nachos (O)	\$5.50
Corn Chips, seasoned beef, lettuce, cheese, tomato, sour cream & avocado	
Naked Vegetarian Nachos (E)	\$5.50
Steamed Rice, seasoned beans, lettuce, cheese, tomato, sour cream & avocado	
Naked Nachos (E)	\$5.50
Rice, beef or Chicken, lettuce, cheese, tomato, sour cream & avocado	
Fully Loaded Wedges (O)	\$5.50
Baked wedges covered with beef or Chicken, cheese, sour cream & avocado	

HOME MADE PIZZA - (E)

Cheese	\$4.50
Vegetarian	\$4.50
Bbq Chicken	\$4.50

~HOT BAR~

Baked Chicken Nuggets (O)	\$0.70
Hot Dog w/Sauce (O)	\$4.00
Beef Sausage Roll (O) 120gr	\$3.80
Oven Baked Wedges (O)	\$4.50
Served with sour cream & sweet chilli	
Mamee Cup Noodles (O)	\$3.00
(Beef or Chicken)	
Hot Cheese Roll (E)	\$3.00

~ COLD DRINKS ~

Harvey Juice 250ml (E)	\$2.60
Orange, apple, orange & mango	
Water	
Spring Water 600ml (E)	\$2.00
Chilli J (E)	\$2.60
Blackcurrant, Raspberry, Grape, Orange Passio, Watermelon	
~MILK~	
Oak Lite - 250ml (E)	\$2.60
Chocolate or Strawberry	

~ FROZEN TREATS ~

Quech 99% Fruit Stick 70ml (E)	\$1.00
Frozen Fruit Sticks (E)	\$1.50
Frozen Orange Qtr (E)	\$0.50
Mony (E)	\$1.50
(Lemon Ice, Red Berry Blast)	

~ SNACKS ~

Sliced Watermelon (E)	\$1.50
Yoghurt & Fruit (E)	\$3.50
Fruit Salad (E)	\$3.50
Cheese & Rice Crackers (E)	\$2.50
Fruit (Seasonal) (E)	\$1.00
Red Rock 28gr (Sea Salt) (O)	\$2.00
Grain Waves 22gr (Sr Crm) (O)	\$2.00

~PASTA, RICE & MORE~

Butter Chicken & Rice (E)	Sml \$4.00	Lge \$6.00
Curry Chicken & Rice (E)	Sml \$4.00	Lge \$6.00
Beef Ravioli Napolitano (E)	Sml \$4.00	Lge \$6.00
Chicken Snit, Mash & Gravy (O)	Sml \$4.00	Lge \$6.00 (Tuesday Only)
Macaroni Cheese (O)	Sml \$4.00	Lge \$6.00 (Thursday Only)
Spaghetti & Sauce Nachos (O)	Sml \$4.00	Lge \$6.00

**PLEASE USE FLEXI SCHOOLS
ONLINE FOR LUNCH ORDERS!**

www.flexischools.com.au

MTB are NSW Healthy School Canteen
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FOOD CODING

E Everyday / O Occasionally
GF Gluten Free

HOME-MADE WEEKLY SPECIALS

MONDAY

Lasagna (E)	\$6.00
Layers of Homemade Bolognese sauce & pasta and cheese	

WEDNESDAY

Spaghetti Bolognese (E)	\$6.00
Homemade Bolognese sauce tossed with spaghetti	

TUESDAY

Burrito (E)	\$6.00
Beef (Lettuce, Shredded cheese, tomato & sour cream)	
Chicken (Lettuce, Shredded Cheese, tomato & sour cream)	

THURSDAY

Vegetarian Fried Rice (E)	\$5.00
Steamed rice tossed with fresh vegetables & soy sauce	

**ADD A 600ML WATER FOR AN EXTRA \$1.00 WHEN
PURCHASING A WEEKLY SPECIAL ONLY!**

**COMBO DEAL – WHEN YOU SPEND
\$4.00 OR MORE**



\$1.50
600ml



Our Lady of Lourdes Baulkham Hills

Uniform Price List

DESCRIPTION	PRICE
Unisex	Price
Bomber Jacket	\$65.00
Boys Summer	Price
Short Sleeve Shirt	\$25.00
Navy Shorts	\$25.00
Socks – Grey Turnover	\$5.00
Boys Winter	Price
Unisex Long Sleeve Shirt	\$30.00
Navy Trousers	\$30.00
Velcro Tie - Stripe	\$18.00
Socks – Grey Turnover	\$5.00
Girls Summer	Price
Summer Dress	\$55.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Socks – Grey Turnover	\$5.00
Girls Winter	Price
Winter Tunic	\$55.00
Unisex Long Sleeve Shirt	\$30.00
Tights – Grey	\$15.00
Velcro Tie - Plain	\$18.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Curly Ties – Grey, Navy, Sky	\$5.00
Sports	Price
Short Sleeve Sport Polo	\$33.00
Long Sleeve Sport Polo	\$33.00
Sport Shorts	\$25.00
Sport Trackpant	\$45.00
Sport Jacket	\$55.00
Socks – White Turnover	\$5.00
Accessories	Price
Backpack	\$45.00
Excursion Bag	\$15.00
Library Bag	\$15.00
Sun Hat	\$15.00
Raincoat – Navy or Yellow	\$25.00
Art Smock	\$15.00

DELIVERY

Delivery is every Tuesday and Friday during the school term.

Orders must be placed on the QKR app by 4:00pm Monday and Thursday for delivery the next day

Any further enquiries please contact Elle

elle@ozfashions.com.au

0421 216 414