



Our Lady of Lourdes Primary

5 Canyon Road,
Baulkham Hills South
Telephone: 8841 3700
Email: ololbhills@parra.catholic.edu.au
www.ololbhills.parra.catholic.edu.au

Term 4 Week 8

6th December , 2019

2019 Dates to Remember

December

Monday 9th

Swimming program K-4,
Week 2

Thursday 12th

7pm Year 6 Graduation
Mass

Friday 13th

Year 6 Fun day

Monday 16th

6pm Andrew Chinn
Christmas Concert

Tuesday 17th

9.30am End of Year Mass
Principal & Citizenship
Awards

Wednesday 18th

Last day for students

January

Tuesday 28th

MAI Assessments

Wednesday 29th

MAI Assessments

Thursday 30th

First day for students
8.55am Year 1 to 6
9.30am Kindergarten

This Sunday is the Second Sunday in Advent.

The Gospel reading for this Sunday is from Matthew 3:1-12

Repent, for the kingdom of heaven is close at hand.

In due course John the Baptist appeared; he preached in the wilderness of Judaea and this was his message: 'Repent, for the kingdom of heaven is close at hand.' This was the man the prophet Isaiah spoke of when he said:

A voice cries in the wilderness:
Prepare a way for the Lord,
make his paths straight.

This man John wore a garment made of camel-hair with a leather belt round his waist, and his food was locusts and wild honey. Then Jerusalem and all Judaea and the whole Jordan district made their way to him, and as they were baptised by him in the river Jordan they confessed their sins. But when he saw a number of Pharisees and Sadducees coming for baptism he said to them, 'Brood of vipers, who warned you to fly from the retribution that is coming? But if you are repentant, produce the appropriate fruit, and do not presume to tell yourselves, "We have Abraham for our father," because, I tell you, God can raise children for Abraham from these stones. Even now the axe is laid to the roots of the trees, so that any tree which fails to produce good fruit will be cut down and thrown on the fire. I baptise you in water for repentance, but the one who follows me is more powerful than I am, and I am not fit to carry his sandals; he will baptise you with the Holy Spirit and fire. His winnowing-fan is in his hand; he will clear his threshing-floor and gather his wheat into the barn; but the chaff he will burn in a fire that will never go out.'

(ref: Liturgyhelp.com)



Year Six Graduation Mass

All parents, relatives and friends are invited to the Year 6 Graduation Mass on Thursday 12th December, commencing at 7pm. This will be followed by a light supper on the top level of the open learning centre. The Year 6 students are to wear their summer uniform and meet outside the church at 6.45pm.

End of Year Mass

Our final School Mass for the year will be celebrated on Tuesday, 17th December commencing at 9:30am. The 2020 school leaders will be commissioned and the Principal, Citizenship and Maths Olympiad awards will be distributed. All parents, relatives and friends are invited to attend.

School News

Christmas Concert - Monday 16th December

This year, Andrew Chinn, Australian religious songwriter and singer, will be visiting our school to lead an Advent/Christmas Concert with our children. Andrew's songs, such as "These Hands", "Rainbow", "An African Blessing" and "Rise Up!" are used in classrooms and liturgies around Australia, New Zealand, USA and Canada.

On Monday, the 16th December, we will gather to celebrate Christmas at Our Lady Of Lourdes. Parents, relatives and friends are invited to join in the celebration which will begin with a performance by our school band at 6pm in the piazza. **Adults are asked to bring fold-up chairs.**

All students must be at school by 5:45pm to meet their teacher in their allocated area in the piazza. Students are asked to bring a small towel on which to sit during the concert.

Please dress your child in Christmas colours. **Children are not permitted to wear Tinsel or Glitter.**

Please inform your child's teacher in writing, as soon as possible, if your child is unable to attend the school concert on Monday, 16th December. At the conclusion of the concert, please collect your child from his/her teacher.



Uniform Orders

The last delivery for uniforms is **Friday 13th December**, 2019. The first delivery day for next year is **Wednesday 29th January 2020**. Wishing you all a Merry Christmas and a safe and prosperous New Year.

Regards OzFashions.

Medication

All medication will be sent home on the last day of Term 4. If your child will not be present on the last day of term, please collect medication from the office on your child's last day. Updated medication and action plans can be returned to office at the start of Term 1.



Reports

End of year reports and portfolios will be sent home with your children on Monday 9th December.

Strength in Disability Competition

A reminder students from Kindy to Year 12 are invited to enter Strength in Disability competition, the aim of which is to increase the positive awareness of people with disability. Entrants from Kindy to Year 12 can enter a drawing, painting, short story or poem. The competition closes on **Tuesday, 10 December** and winners will be announced on Monday, 16 December. For further details please see flyer attached.

Entries can be dropped off at the school office prior to Tuesday afternoon, please have full name and parents name and email address on the back to be able to submit them.

SOCIAL SKILLS



Respect, Integrity and Conflict Resolution

- ◆ Peer pressure
- ◆ Saying no



Sports News

Parramatta Diocesan Primary Sports Awards 2019

Congratulations to *Joshua Cetinic* and *Samuel Polley*, who attended the Primary Sport Awards Night on Wednesday 4th December at St Aidan's Rooty Hill, to celebrate their achievements in sport this year.

Joshua received an award for his outstanding achievements in Athletics and Cross Country this year. He also received the Kathy McGee Memorial Award for Courage & Determination in Sport.



Samuel received an award for his outstanding achievements in Athletics, Touch Football, Rugby League and Rugby Union.

Congratulations boys! We are very proud of your success in sport this year and we wish you all the best in the future.



P & F News

LOL Christmas Concert

The annual Christmas concert is upon us yet again for 2019!

At 6pm the concert will begin with Andrew Chinn hosting this year with lots of fun for the kids and parents.

The P&F is hosting a BBQ sausage sizzle (weather permitting) for a light bite before and during the concert. We will be cooking from 5pm.

We would love some helpers on the night, and all helpers will have the opportunity to see their kids perform.

IGA Mint Fresh, Baker Street has generously donated the marquee, bread and onions

We will also have on offer drinks and slushies.

Price list

Sausage sizzle \$2.50

Drinks \$2.00

Lolly Bags \$2.00

Slushies \$2.00



If you are able to help set up, cook, sell or pack up on the evening from 5pm onwards, please let us know. As many hands make it heaps of FUN and light work.

Please contact Kate Rose 0413986046 or Belinda Hanna 0413913001.

From the OLOL P&F team and community we hope you all have a very happy safe Christmas and fun summer holidays. We look forward to meeting many of you next year and coming together to raise money and make memories for our kids, thanks again!!!

LOLO P&F Team

Parish News

For Youth in the Parish of Baulkham Hills;

Youth Mass: From 6-7pm each Sunday at St. Michael's, we want to bring ministries together to provide an engaging experience of liturgy for youth. To do this we need more young people for ministries such as welcoming, offertory, reading and collection, for more information please contact the Youth Minister (details below).

If you have any questions or concerns please contact the Youth Minister Paul Fam, on 0407 773 174, or send an email through to youth@parishofbaulkhamhills.org.au



Advent and Christmas

Religion in Year 2

In this unit, students have been relating their experiences of waiting for Christmas at home with their families. They have been looking at biblical accounts of how Mary and Joseph, the shepherds and wise men waited and prepared for and responded to the birth of Jesus.

Students in Year 2 have been identifying times of waiting and reading about The Annunciation, where Mary was informed by the Angel Gabriel that she was going to have a baby. We have also been learning about other people who had to wait for something ~ Elizabeth had to wait for the birth of John the Baptist.

The Birth of John the Baptist Foretold Luke 1:5-25

5 In the time of Herod king of Judea there was a priest named Zechariah, who belonged to the priestly division of Abijah; his wife Elizabeth was also a descendant of Aaron. 6 Both of them were righteous in the sight of God, observing all the Lord's commands and decrees blamelessly. 7 But they were childless because Elizabeth was not able to conceive, and they were both very old.

8 Once when Zechariah's division was on duty and he was serving as priest before God, 9 he was chosen by lot, according to the custom of the priesthood, to go into the temple of the Lord and burn incense. 10 And when the time for the burning of incense came, all the assembled worshipers were praying outside.


11 Then an angel of the Lord appeared to him, standing at the right side of the altar of incense. 12 When Zechariah saw him, he was startled and was gripped with fear. 13 But the angel said to him: "Do not be afraid, Zechariah; your prayer has been heard. Your wife Elizabeth will bear you a son, and you are to call him John. 14 He will be a joy and delight to you, and many will rejoice because of his birth, 15 for he will be great in the sight of the Lord. He is never to take wine or other fermented drink, and he will be filled with the Holy Spirit even before he is born. 16 He will bring back many of the people of Israel to the Lord their God. 17 And he will go on before the Lord, in the spirit and power of Elijah, to turn the hearts of the parents to their children and the disobedient to the wisdom of the righteous—to make ready a people prepared for the Lord."

18 Zechariah asked the angel, "How can I be sure of this? I am an old man and my wife is well along in years."

19 The angel said to him, "I am Gabriel. I stand in the presence of God, and I have been sent to speak to you and to tell you this good news. 20 And now you will be silent and not able to speak until the day this happens, because you did not believe my words, which will come true at their appointed time."

21 Meanwhile, the people were waiting for Zechariah and wondering why he stayed so long in the temple. 22 When he came out, he could not speak to them. They realized he had seen a vision in the temple, for he kept making signs to them but remained unable to speak.

23 When his time of service was completed, he returned home. 24 After this his wife Elizabeth became pregnant and for five months remained in seclusion. 25 "The Lord has done this for me," she said. "In these days he has shown his love and taken away my disgrace among the people."




we prepare

we wait

Beginning of Advent

exciting time for the church

holy one angel Nazareth

Do not be afraid!

I am the Lord's servant

We pray

We celebrate

Church celebrates

Descendant of David

candles are lit


Light of Jesus

Paschal candle

Mary Joseph Son of God give birth Descendant of Jacob

leads to Christmas

The Annunciation Lk1:26-38



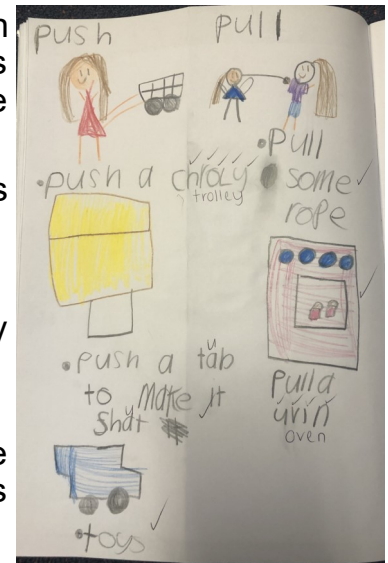
Kindergarten Science Day

This term Kindergarten have been learning about 'Movement' in Science and Technology. We have discussed the different ways our bodies move and how push and pull forces create movement.

On Tuesday, Kindergarten participated in a range of activities around the concept of 'Motion' and 'Forces'.

Students had to draw and label times in their lives when they have had to 'Push' or 'Pull' objects to make them move.

Students created mini golf courses in pairs. They had to move their ball through the course using a mini golf club. The students noticed that the ball moved when they pushed it.



Finally, students investigated objects that roll, spin and slide and they recorded their findings. We discussed why some objects are able to roll or spin or slide and others are not.



Mathematics in the home #17

Ways to help your child learn mathematical ideas at home:

Holiday fun in the great outdoors

- Set up backyard obstacle courses that rely on positional language for instruction eg “Walk along the path for 10 steps, hop over the log, skip around the swing....”
- Set up an outdoor treasure hunt where each new clue is revealed by answering a Maths question eg “Facing east, take 4 x 25 steps.”
- Play Follow The Leader on the next family bushwalk - use positional language eg “How many trees can you count that are taller than mum?” - take it in turns to count the steps it takes to complete a section of track eg “Dad’s turn 1, 2, 3, 4, 95, 96! So that’s 96 steps so far.”
- Play hopscotch, counting hops along the way.
- Play elastics, describing the height of the elastic eg “I jumped the elastic as high as my knee and Emma jumped the elastic as high as her hip. So, Emma jumped higher than I did.”
- Build sandcastles and compare heights, widths eg “Your castle is taller than mine, but mine is wider than yours.”
- Collect shells and compare collections - sizes, amounts of, group according to similarities eg “I have 10 small shells and 3 large shells. You have collected many more shells than I did. I have 4 cone-shaped shells, 3 circular-shaped shells and 2 broken shells.”

Other ways to help your child include:

Use everyday opportunities to make mathematics visible

- Remember your child’s learning may look different to yours.
- There can be a number of ways to solve a mathematical problem.
- Don’t say “That’s wrong”, say “How did you get your answer?”
- Encourage your child to talk through their thinking
- Allow your child time to think - don’t rush in and give them the answer - wait and listen.



Reference: Swan, Paul (Dr) *Early Mathematical Experiences*

Mathematics in the home #18

Ways to help your child learn mathematical ideas at home:

Holiday fun for indoor days

- Playdough and plasticine play. Make 3D figures and use to compare size, mass and shape. Add popsticks, matchsticks, buttons and beads to create critters. Describe numbers of eyes / arms / legs added. Eg “**My critter has 8 legs, 5 eyes and 2 body parts.**”
- Follow a recipe to make home-made playdough. Discuss quantities and measurements required. Store in an airtight plastic bag in the fridge and this will keep for a few months. Eg “**We need 2 cups of plain flour and 1 cup of salt**”
- Use a mirror to create reflections of block constructions and patterns. Describe the differences between the original construction and the reflection. Eg “**The reflection my pattern makes in the mirror makes it look twice as big.**”
- Create block towers and compare heights and numbers of blocks used. Eg “**My tower is made of 12 blocks and yours is made of 6. Your tower is half the height of mine.**”
- Thread beads / pasta / shells / cotton reels on strings and compare by numbers used and lengths. Eg “**I used twice as many pasta pieces as your blocks**”
- Play board games together eg Monopoly, Snakes and Ladders. Discuss order of turns, number of places to move, direction of moves eg “**Up the ladder**” or “**Down the snake**”
- Play I Spy with descriptive language to help develop visual discrimination. Eg “**I spy with my little eye, something that is rectangular and blue**”
Answer: the floor rug.

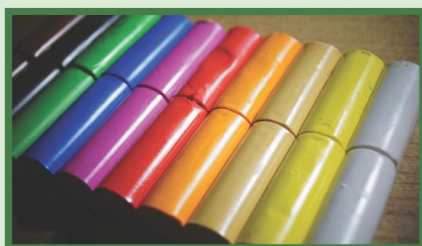
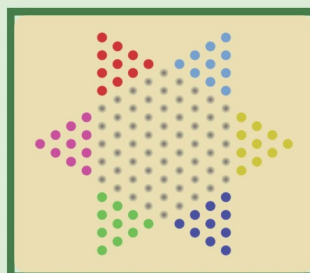
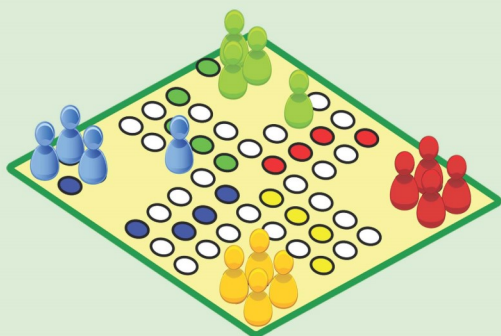
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Reference: Swan, Paul (Dr) *Early Mathematical Experiences*

Games to play for indoor family fun



Colored Playdough

Reference: <https://www.familyeducation.com/fun/playdough/play-doh-recipes>

Materials

- 1 cup water
- 1 tablespoon vegetable oil
- 1/2 cup salt
- 1 tablespoon cream of tartar
- Food coloring
- Saucepan
- 1 cup flour



Directions

1. Combine water, oil, salt, cream of tartar, and food coloring in a saucepan and heat until warm.
2. Remove from heat and add flour.
3. Stir, then knead until smooth. The cream of tartar makes this dough last 6 months or longer, so resist the temptation to omit this ingredient if you don't have it on hand.
4. Store this dough in an airtight container or a Ziploc freezer bag.

Read & win

EXECUTIVE DIRECTOR'S SUMMER READING CHALLENGE

Win a GOOGLE CHROMEBOOK

Read as many books as you can, tell us why you love them, and you could win one of **two Google Chromebooks** or one of **thirty gift vouchers** valued at **\$30**.

The more books you read, the more chances you have to win.

Enter online
www.parra.catholic.edu.au

**Competition opens
on 2 December 2019 and
closes at 5pm on 2 February 2020**

Terms and conditions apply.

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Catholic Education
Diocese of Parramatta

Strength in Disability competition.

Calling all NSW school students from Kindergarten to Year 12



Delivering the NDIS in your community



We're inviting NSW school students from Kindergarten through to Year 12 to submit a piece of artwork or writing inspired by the theme 'Strength in Disability'.

The competition is a great opportunity to celebrate and elevate the status of people with disability within your school community, in the lead up to International Day of People with Disability on December 3rd.

Send in your most creative painting, drawing, poem or short story for a chance to win a prize.

- Competition closes 5pm December 10th 2019
- Winners announced December 16th 2019
- Total value of prizes is \$7,200

Visit uniting.org/strength-in-disability to get involved.

T&Cs can be viewed at campaigns.uniting.org/strength-in-disability

Get In touch

1800 864 846
ask@uniting.org
uniting.org

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19-DISA-399 NOV2019



International Day of
People with Disability



Delivering the NDIS in your community



every learner
every day ✓



Catholic Education
Diocese of Parramatta

~ SANDWICH BAR ~

Vegemite, Jam or Honey (E)	\$2.50
Margarine spread	
Chicken (E)	\$4.20
Grilled Chicken, Lettuce & mayo	
Cheese Tomato (E)	\$3.50
Cheese & tomato	
Ham (E)	\$3.80
Cheese & tomato	
Tuna (E)	\$3.80
Mayo, cucumber, Spanish onion, sweet chilli	
Cheese (E)	\$2.80
Sliced tasty cheese	
Salad (E)	\$3.60
Lettuce, carrot, tomato, cucumber, beetroot, onion	
Egg (E)	\$3.80
Mayo & lettuce	
Curried Egg (E)	\$3.80
Mayo, curry & lettuce	
Breads (G) White or wholemeal	\$1.50
Gluten Free Sliced	\$0.60
White Roll	
Extras	
Cucumber, tomato or lettuce (G)	\$0.60
Ham (O)	\$0.70
Avocado (G)	\$1.00
Boiled Egg (G)	\$1.00
Hummus (G)	\$1.00
Lunch Bag	\$0.20
Spoon or Fork (without a lunch order)	\$0.10
Sauce Portions	\$0.30

MTB are NSW Healthy School Canteen
Approved Operators

FOOD CODING

E Everyday / O Occasionally
GF Gluten Free

~ SUPER SALAD BAR ~

Greek Salad (E) (GF)	\$5.00
Tomato, cucumber, Spanish onion, pitted olives & feta	
Chicken Caesar (E)	\$5.00
Grilled Chicken, Cos lettuce, croutons, egg, Caesar dressing	
Chicken Buster (E)	\$5.00
Grilled chicken, tabouli & hummus	
Garden Salad (E)	\$4.80
Lettuce, tomatoes, cucumber, carrot, capsicum & sprouts	
Health Pack (E)	\$5.00
Tasty Cheese fingers, carrot sticks, rice crackers, hummus & Tzatziki Dip	

* All Salads are Served with Lebanese Bread

~ WRAP BAR ~ (E)

Served in Lebanese Bread	1/2	Full
Grilled Chicken & Salad	\$3.00	\$5.80
Ham & Salad	\$3.00	\$5.80
Tuna & Salad	\$3.00	\$5.80

~ TURKISH BREADS/FOCACCIAS (E) - \$7.00

Chicken – Grilled Chicken breast, roasted capsicum, pesto & tasty cheese
Mediterranean – Ham, artichokes, roasted capsicum, olives & feta cheese
Vegetarian – Eggplant, sun-dried tomatoes, roasted capsicum, olives & feta cheese

~ BREAKFAST ~

Scrambled eggs on Toast (1) (E)	\$1.50
Egg & Cheese Roll (E)	\$2.50
Bacon & Egg Roll (O)	\$3.00
Hash Brown (O)	\$1.20
Toasted Sandwiches (E)	
Cheese 1/2	\$1.00
Raisin Toast (2) (E)	\$2.00
Toast (2) (E) Jam or Honey	\$2.00
Fruit (E)	
Fruit available daily	from \$1.00
Fresh Fruit Salad Cup (E) (GF)	\$2.50

Look out for our
Weekly
Specials!

~ SWEET TREATS ~

Warm Banana & Custard (E)	\$2.20
Pikelets w/ Jam (3) (E)	\$2.20
Custard & Fresh Fruit (E)	\$2.20
Homemade Muffins (O) 80gr (Banana or Blueberries)	\$2.00

CRUNCH & SIP

before 9am - **\$2.00**



Bottle of Water 600ml plus a choice of a Apple, Banana or Orange

CELEBRATE YOUR BIRTHDAY AT

SCHOOL!

Order your Quelch Ice block
Bucket on our MTB website or ask
one of our friendly staff at our
MTB Canteens!

www.melstastybites.com



~ BURGERS & ROLLS ~

Grilled Chicken Burger (E)	\$5.00
Marinated chicken breast, lettuce & Aioli mayo	
Veggie Burger (E)	\$5.00
Veggie pattie, lettuce and tomato	
Chicken Pattie (O)	\$5.00
Breast Fillet Pattie, lettuce & mayo	
Big Beef (E)	\$5.00
Homemade beef patty, fried onion, beetroot, tomato & lettuce (Choice of sauce)	

~ MEXICAN BAR ~

Beef Nachos (O)	\$5.50
Corn Chips, seasoned beef, lettuce, cheese, tomato, sour cream & avocado	
Naked Vegetarian Nachos (E)	\$5.50
Steamed Rice, seasoned beans, lettuce, cheese, tomato, sour cream & avocado	
Naked Nachos (E)	\$5.50
Rice, beef or Chicken, lettuce, cheese, tomato, sour cream & avocado	
Fully Loaded Wedges (O)	\$5.50
Baked wedges covered with beef or Chicken, cheese, sour cream & avocado	

HOME MADE PIZZA - (E)

Cheese	\$4.50
Vegetarian	\$4.50
Bbq Chicken	\$4.50

~HOT BAR~

Baked Chicken Nuggets (O)	\$0.70
Hot Dog w/Sauce (O)	\$4.00
Beef Sausage Roll (O) 120gr	\$3.80
Oven Baked Wedges (O)	\$4.50
Served with sour cream & sweet chilli	
Mamee Cup Noodles (O)	\$3.00
(Beef or Chicken)	
Hot Cheese Roll (E)	\$3.00

~ COLD DRINKS ~

Harvey Juice 250ml (E)	\$2.60
Orange, apple, orange & mango	
Water	
Spring Water 600ml (E)	\$2.00
Chilli J (E)	\$2.60
Blackcurrant, Raspberry, Grape, Orange Passio, Watermelon	
~MILK~	
Oak Lite - 250ml (E)	\$2.60
Chocolate or Strawberry	

~ FROZEN TREATS ~

Quech 99% Fruit Stick 70ml (E)	\$1.00
Frozen Fruit Sticks (E)	\$1.50
Frozen Orange Qtr (E)	\$0.50
Mony (E)	\$1.50
(Lemon Ice, Red Berry Blast)	

~ SNACKS ~

Sliced Watermelon (E)	\$1.50
Yoghurt & Fruit (E)	\$3.50
Fruit Salad (E)	\$3.50
Cheese & Rice Crackers (E)	\$2.50
Fruit (Seasonal) (E)	\$1.00
Red Rock 28gr (Sea Salt) (O)	\$2.00
Grain Waves 22gr (Sr Crm) (O)	\$2.00

~PASTA, RICE & MORE~

Butter Chicken & Rice (E)	Sml \$4.00 Lge \$6.00
Curry Chicken & Rice (E)	Sml \$4.00 Lge \$6.00
Beef Ravioli Napolitano (E)	Sml \$4.00 Lge \$6.00
Chicken Snit, Mash & Gravy (O)	Sml \$4.00 Lge \$6.00 (Tuesday Only)
Macaroni Cheese (O)	Sml \$4.00 Lge \$6.00 (Thursday Only)
Spaghetti & Sauce Nachos (O)	Sml \$4.00 Lge \$6.00

**PLEASE USE FLEXI SCHOOLS
ONLINE FOR LUNCH ORDERS!**

www.flexischools.com.au

MTB are NSW Healthy School Canteen
Approved Operators

FOOD CODING

E Everyday / O Occasionally
GF Gluten Free

HOME-MADE WEEKLY SPECIALS

MONDAY

Lasagna (E)	\$6.00
Layers of Homemade Bolognese sauce & pasta and cheese	

WEDNESDAY

Spaghetti Bolognese (E)	\$6.00
Homemade Bolognese sauce tossed with spaghetti	

TUESDAY

Burrito (E)	\$6.00
Beef (Lettuce, Shredded cheese, tomato & sour cream)	
Chicken (Lettuce, Shredded Cheese, tomato & sour cream)	

THURSDAY

Vegetarian Fried Rice (E)	\$5.00
Steamed rice tossed with fresh vegetables & soy sauce	

**ADD A 600ML WATER FOR AN EXTRA \$1.00 WHEN
PURCHASING A WEEKLY SPECIAL ONLY!**



600ml

\$1.50

**COMBO DEAL – WHEN YOU SPEND
\$4.00 OR MORE**