



Our Lady of Lourdes Primary

5 Canyon Road,
Baulkham Hills South
Telephone: 8841 3700

Email: ololbhills@parra.catholic.edu.au
www.ololbhills.parra.catholic.edu.au

Term 2 Week 4

24th May, 2019

2019 Dates to Remember

May

Tuesday 28th

7.30pm -P&F Meeting

Wednesday 29th

Stage 3 Girls
Soccer Gala Day

Thursday 30th

School Photo Day

Friday 31st

Mackillop touch Trials

June

Wednesday 5th

Stage 3 Boys
Soccer Gala Day

Thursday 6th

6.30pm—School Band

*The Gospel reading for this Sunday is from John 14: 23-29 Year C
The Holy Spirit will teach you everything and remind you of all I have said to you.*

Jesus said to his disciples:

‘If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him
and make our home with him.

Those who do not love me do not keep my words.

And my word is not my own:

it is the word of the one who sent me.

I have said these things to you
while still with you;

but the Advocate, the Holy Spirit,
whom the Father will send in my name,
will teach you everything
and remind you of all I have said to you.

Peace I bequeath to you,

my own peace I give you,

a peace the world cannot give, this is my gift to you.
Do not let your hearts be troubled or afraid.

You heard me say:

I am going away, and shall return.

If you loved me you would have been glad to know that I am going to
the Father,

for the Father is greater than I.

I have told you this now before it happens,
so that when it does happen you may believe.’

Ref: Liturgyhelp.com

Mary Help of Christians

Today, the 24th May is the feast of Mary Help of Christians. As the patron saint of Australia, we look to Mary for help, protection and guidance. We celebrate the many gifts God gives us here in Australia - the diversity of our people, the beauty of this land, the values of freedom and peace that we treasure.



CatholicCare

Congratulations to the students for raising \$551.00 for CatholicCare, an organisation that works with the community to help people live and thrive at every age, irrespective of beliefs and abilities.



CatholicCare

WESTERN SYDNEY
AND THE BLUE MOUNTAINS

School News

Photo Day

School Photo day is on Thursday, 30th May. Please note that no money or envelopes should be sent into the office before photo day, all envelopes should be directly handed to the photographers. Each envelope is personalised with the student's name and unique ordering code. If a student loses their envelopes, their opportunity to order online will be lost. They will need to collect a spare envelope and hand this in on photo day. No change will be given on the day, therefore it is vital that parents hand in the envelopes that have the correct money enclosed. Each child needs his/her own envelope if ordering. Credit card orders are strictly online. Family envelopes can be collected from the office.



Tell Them From Me



Tell Them From Me

In the coming weeks, Monday, 27th May to Friday, 14th June, we will be inviting students, teachers and parents to provide feedback on their experience of our school using an online survey. The surveys are an important part of our whole school evaluation and planning process. We would like to invite you to complete the *Tell Them From Me (TTFM)* Partners in Learning survey. As we value the role of parents and carers within our school community we would greatly appreciate your feedback. The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at Our Lady of Lourdes School. The survey is anonymous and will take approximately 20 minutes to complete. The link will be sent home to parents next week for you to complete. Only students from Years 4-6 will complete the survey. This will be done at school.

Kindergarten 2020 Acceptance Letters

Acceptance letters went home this week for Kindergarten 2020. The enrolment deposit with the acceptance form are due in by Monday, 3rd June, 2019. If the forms are not returned by this date, the place will then be allocated to the next family on the waiting list.



Condolences

Our thoughts and prayers are with the Di Mauro family on the death of Mrs Di Mauro's father, grandfather to Adam who is in 6P.

Canteen News -Opening a School Canteen Account

Opening a school canteen account works in credit. Some days, your child/children may need a refreshment such as a juice or even a frozen fruit ice block on a hot day, but most importantly, there may be a time your child forgets their lunch at home or you simply forgot, having a canteen account puts a parents worry at ease. If this happens, simply ring the school canteen and one of our lovely staff members will be happy to take your child's lunch order by simply adding it on your school canteen account.

Having a school canteen account is also a great idea for the little ones who may lose their loose change, so we think having a school canteen account is more simplified. Once the credit runs low, an sms or a note will be sent to you, to let you know its time to top up again. All your child needs to do is go to the canteen, and let them know their name and class and their purchase will be subtracted off the account. This school canteen account has been trailed in other schools in NSW and works well for parents and the school. We ask if all parents can open a school canteen account for your child/children to be available if needed. Please fill out the form below and send it off to your school canteen with the correct amount of money.

School Canteen Account

Use this form to open a new account
or to simply Top Up your account..

1 \$25.00 Credit

\$25.00

2 \$50.00 Credit

\$50.00

Student/s Name:

Class:

Parents Name & Mobile No:

Please ensure correct money is inserted in an
envelope with this form and dropped off at the
canteen this week!

P & F News

LOLO Parents and Friends News

Our next P & F meeting is on **Tuesday, 28th May** at the top of the Open Learning Centre. Come along from 7:15pm to grab a cuppa and catch up with other parents. The meeting will start at 7:30pm. If you have any items you would like to put on the agenda for the next meeting please send them to ololbhp@gmail.com. At the conclusion of the P&F meeting we will be having our **Fete meeting**. Anyone with great ideas is encouraged to come and join us on this night to share your suggestions so we can carry on the tradition of having an awesome school fete. If you are unable to attend the fete meeting that evening and would still like to have input or volunteer to run a stall please e-mail us at the above address and share your ideas or tell us where you would like to assist. We hope to see you there at our next meeting.

To read the minutes from the last meeting please click this link:

https://drive.google.com/file/d/1Zn1XWekH9c6FoxMB77FVJ9i_uWMZbZGx/view?usp=sharing

The OLOL

P&F Team



Parish News

For Youth in the Parish of Baulkham Hills:

Y5-6: On this Friday the 31st of May, from 7-8:30pm at the Downey Room join us for youth group Olympics! We'll be tackling a whole series of games and activities, everything from David's slingshot toss, to Samson's strength test! We look forward to seeing you there. Youth Mass: From 6-7pm each Sunday at St. Michael's, we want to bring ministries together to provide an engaging experience of liturgy for youth. To do this we need more young people for ministries such as welcoming, offertory, reading and collection, for more information please contact the Youth Minister (details below). If you have any questions or concerns please contact the Youth Minister Paul Fam, on 0407 773 174, or send an email through to youth@parishofbaulkhamhills.org.au

The Jewish Jesus In Eucharist: The Northern Deanery Pastoral Council is hosting a presentation from the Institute for Mission on The Jewish Jesus in the Eucharist on Wednesday June 12, St Michaels School Hall, Baulkham Hills from 7pm-9pm. A Light supper will be provided. To RSVP for catering purposes, contact Wendy on 0427 863 149 or deanerypc@parishofbaulkhamhills.org.au




RELIGIOUS EDUCATION IN YEAR 5

Queen as leader


Queen can choose by others to lead because:

- She was born
- She was chosen
- She was the only thing that was different
- She was not chosen through any other way




Slaves are chosen by others to lead because:

- They were captured
- They were chosen
- They were not the only thing that was different
- They were chosen through any other way



Queen can choose by others to be a leader because.....



- It was chosen
- She was the only thing that was different
- She was not chosen through any other way

"Follow me"

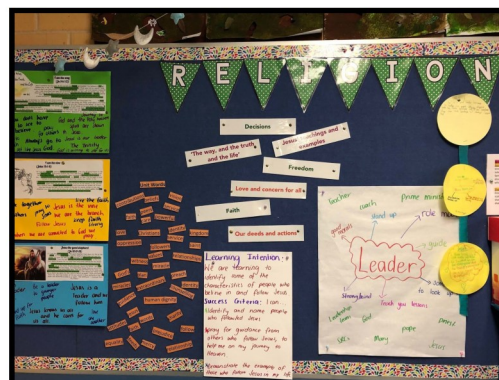
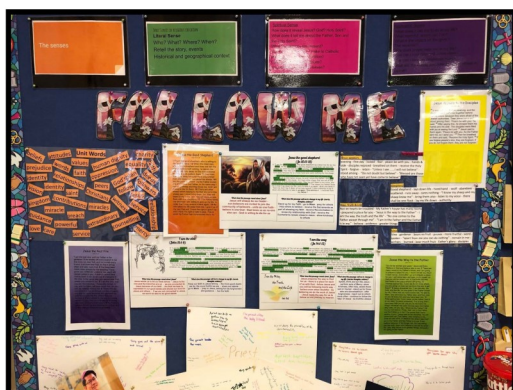
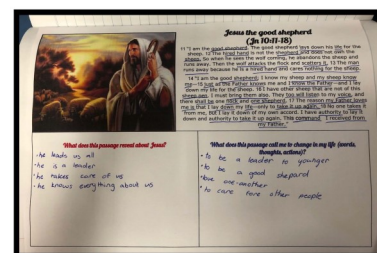
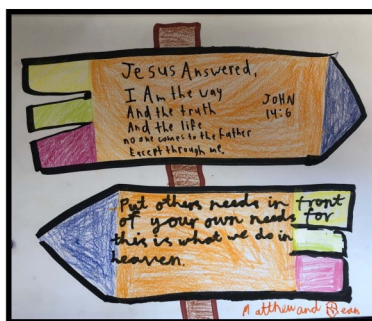
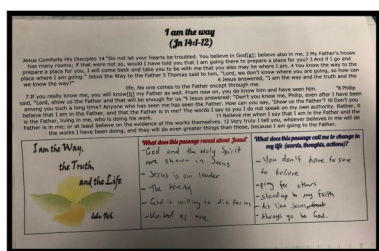
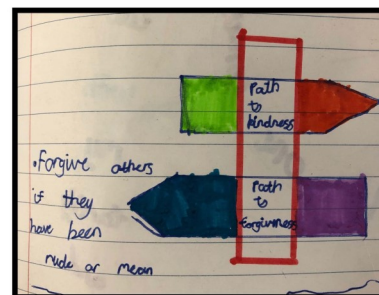
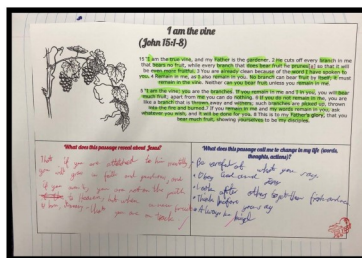
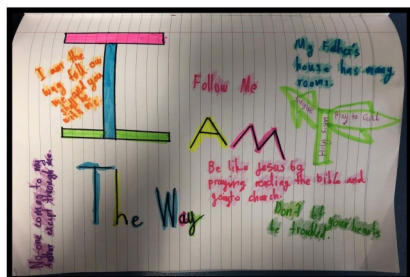
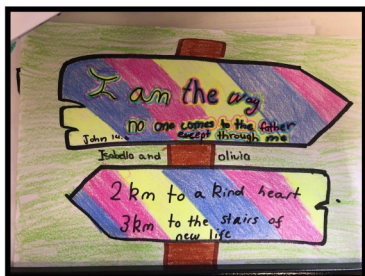
- One was leading and other was following
- One was chosen and other was not chosen
- One was the only thing that was different
- One was chosen through any other way

- One was captured
- One was chosen
- One was not the only thing that was different
- One was chosen through any other way

Follow me

- One was leading and other was following
- One was chosen and other was not chosen
- One was the only thing that was different
- One was chosen through any other way

- One was captured
- One was chosen
- One was not the only thing that was different
- One was chosen through any other way



Mathematics in the home # 7

Ways to help your child learn mathematical ideas at home:

Questions to ask your child when working mathematically at home	Encourage your child to respond in these ways
Can you convince me?	I can convince you because...
What were you thinking?	My thinking is that...
Can you explain?	I can explain that...
Are you sure?	I am sure because...

Other ways to help your child include:

Use everyday opportunities to make mathematics visible

- Remember your child's learning may look different to yours.
- There can be a number of ways to solve a mathematical problem.
- Don't say "That's wrong", say "How did you get your answer?"
- Encourage your child to talk through their thinking
- Allow your child time to think - don't rush in and give them the answer - wait and listen.



Reference: Ontario Ministry of Education Capacity Building Series #21 Asking Effective Questions



Did you know

1 in 6 primary students are not attending school regularly. Schools are here to help.

If you are having attendance issues with your child please contact us so we can support you to address them.

every learner
every day



Did you know

Your child's best learning time is the start of the school day
just a little bit late doesn't seem much but

He/she just
missing,

That equals ..

Which is ...

and over 13 years
of schooling that's ...

10 minutes per day

50 minutes per week

Nearly 1.5 weeks per year

Nearly half a year

20 minutes per day

1 hour 40mins per week

Over 2.5 weeks per year

Nearly 1 year

Half an hour per day

Half a day per week

4 weeks per year

Nearly 1 and a half years

1 hour per day

1 day per week

8 weeks per year

Over 2 and a half years

every learner
every day





Parents Representative Council
SUPPORT | CELEBRATE | EDUCATE



HOW TO RAISE HAPPY AND RESILIENT CHILDREN

Join the PRC to hear one of Australia's leading Psychologists talk about the journey from childhood through to young adulthood, as it seems to have become so much harder to navigate.



Hear about the latest news from the science of positive psychology and how its applied to bringing up children and teenagers.

Our guest speaker for the evening is:

Dr Michael Carr-Gregg
Adolescent and Child Psychologist

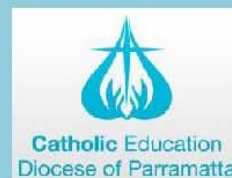
Register FREE now: www.prc.catholic.edu.au

Monday, 3rd June 2019

Doors open: 6:15 pm for 7:00pm (2 hours)
(PRC General Meeting - will be held prior to guest speaker
John XXIII Catholic College

160 Perfection Ave, Stanhope Gardens, NSW, 2768

Light supper and refreshments will be provided, and a lucky door prize will be up for grabs!



www.prc.catholic.edu.au



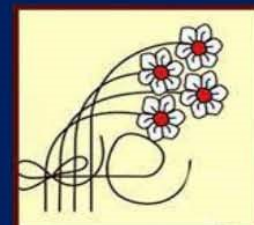
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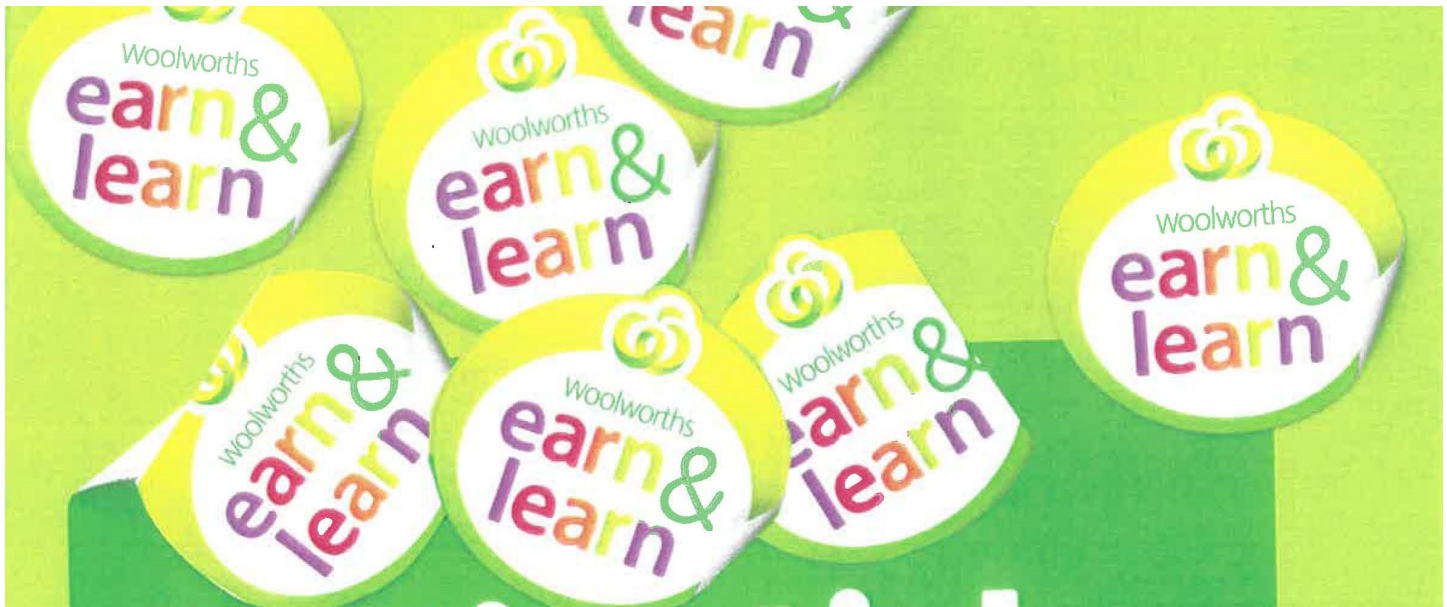


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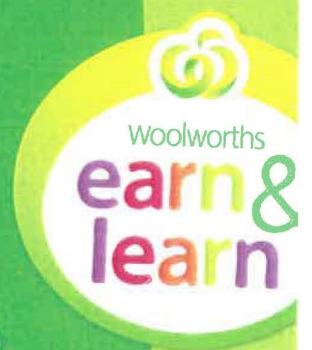
THANK YOU TO OUR 2019 SPONSOR
Floral Expressions
For details on the School fundraising program
Call Charles Lukasik on 02 9683 1116





Let's stick together with Earn & Learn

1 May to 25 June 2019



That's why I pick Woolies

SCHOOL CANTEEN

OUR LADY OF LOURDES PRIMARY SCHOOL

2019



~ SANDWICH BAR ~

Vegemite, Jam or Honey (E)	\$2.50
Margarine spread	
Chicken (E)	\$4.20
Grilled Chicken, Lettuce & mayo	
Cheese Tomato (E)	\$3.50
Cheese & tomato	
Ham (E)	\$3.80
Cheese & tomato	
Tuna (E)	\$3.80
Mayo, cucumber, Spanish onion, sweet chilli	
Cheese (E)	\$2.80
Sliced tasty cheese	
Salad (E)	\$3.60
Lettuce, carrot, tomato, cucumber, beetroot, onion	
Egg (E)	\$3.80
Mayo & lettuce	
Curried Egg (E)	\$3.80
Mayo, curry & lettuce	
Breads (G) White or wholemeal	\$1.50
Gluten Free Sliced	\$0.60
White Roll	

Extras	
Cucumber, tomato or lettuce (G)	\$0.60
Ham (O)	\$0.70
Avocado (G)	\$1.00
Boiled Egg (G)	\$1.00
Hummus (G)	\$1.00

Lunch Bag	\$0.20
Spoon or Fork (without a lunch order)	\$0.10
Sauce Portions	\$0.30

MTB are NSW Healthy School Canteen
Approved Operators

FOOD CODING

E	Everyday / O Occasionally
Gf	Gluten Free

~ SUPER SALAD BAR ~

Greek Salad (E) (Gf)	\$5.00
Tomato, cucumber, Spanish onion, pitted olives & feta	
Chicken Caesar (E)	\$5.00
Grilled Chicken, Cos lettuce, croutons, egg, Caesar dressing	
Chicken Buster (E)	\$5.00
Grilled chicken, tabouli & hummus	
Garden Salad (E)	\$4.80
Lettuce, tomatoes, cucumber, carrot, capsicum & sprouts	
Health Pack (E)	\$5.00
Tasty Cheese fingers, carrot sticks, rice crackers, hummus & Tzatziki Dip	

* All Salads are Served with Lebanese Bread

~ WRAP BAR ~ (E)

Served in Lebanese Bread	1/2	Full
Grilled Chicken & Salad	\$3.00	\$5.80
Ham & Salad	\$3.00	\$5.80
Tuna & Salad	\$3.00	\$5.80

~ TURKISH BREADS/FOCACCIAS (E) - \$7.00

Chicken – Grilled Chicken breast, roasted capsicum, pesto & tasty cheese
Mediterranean – Ham, artichokes, roasted capsicum, olives & feta cheese
Vegetarian – Eggplant, sun-dried tomatoes, roasted capsicum, olives & feta cheese

~ BREAKFAST ~

Scrambled eggs on Toast (1) (E)	\$1.50
Egg & Cheese Roll (E)	\$2.50
Bacon & Egg Roll (O)	\$3.00
Hash Brown (O)	\$1.20

Toasted Sandwiches (E)	
Cheese 1/2	\$1.00

Raisin Toast (2) (E)	\$2.00
Toast (2) (E) Jam or Honey	\$2.00

Fruit (E)	
Fruit available daily	from \$1.00
Fresh Fruit Salad Cup (E) (Gf)	\$2.50

Look out for our
Weekly
Specials!

~SWEET TREATS ~

Warm Banana & Custard (E)	\$2.20
Pikelets w/ Jam (3) (E)	\$2.20
Custard & Fresh Fruit (E)	\$2.20
Homemade Muffins (O) 80gr (Banana or Blueberries)	\$2.00

CELEBRATE YOUR BIRTHDAY AT SCHOOL!

Order your Quelch Ice block
Bucket on our MTB website or ask
one of our friendly staff at our
MTB Canteens!

www.melstastybites.com

CRUNCH & SIP

before 9am - **\$2.00**



Bottle of Water 600ml plus a choice of a Apple, Banana or Orange



~ BURGERS & ROLLS ~

Grilled Chicken Burger (E)	\$5.00
Marinated chicken breast, lettuce & Aioli mayo	
Veggie Burger (E)	\$5.00
Veggie patty, lettuce and tomato	
Chicken Pattie (O)	\$5.00
Breast Fillet Pattie, lettuce & mayo	
Big Beef (E)	\$5.00
Homemade beef patty, fried onion, beetroot, tomato & lettuce (Choice of sauce)	

~ MEXICAN BAR ~

Beef Nachos (O)	\$5.50
Corn Chips, seasoned beef, lettuce, cheese, tomato, sour cream & avocado	
Naked Vegetarian Nachos (E)	\$5.50
Steamed Rice, seasoned beans, lettuce, cheese, tomato, sour cream & avocado	
Naked Nachos (E)	\$5.50
Rice, beef or Chicken, lettuce, cheese, tomato, sour cream & avocado	
Fully Loaded Wedges (O)	\$5.50
Baked wedges covered with beef or Chicken, cheese, sour cream & avocado	

HOME MADE PIZZA - (E)

Cheese	\$4.50
Vegetarian	\$4.50
Bbq Chicken	\$4.50

~HOT BAR~

Baked Chicken Nuggets (O)	\$0.70
Hot Dog w/Sauce (O)	\$4.00
Beef Sausage Roll (O) 120gr	\$3.80
Oven Baked Wedges (O)	\$4.50
Served with sour cream & sweet chilli	
Mamee Cup Noodles (O)	\$3.00
(Beef or Chicken)	
Hot Cheese Roll (E)	\$3.00

~ COLD DRINKS ~

Harvey Juice 250ml (E)	\$2.60
Orange, apple, orange & mango	
Water	
Spring Water 600ml (E)	\$2.00
Chilli J (E)	\$2.60
Blackcurrant, Raspberry, Grape, Orange Passio, Watermelon	
~MILK~	
Oak Lite - 250ml (E)	\$2.60
Chocolate or Strawberry	

~ FROZEN TREATS ~

Queich 99% Fruit Stick 70ml (E)	\$1.00
Frozen Fruit Sticks (E)	\$1.50
Frozen Orange Qtr (E)	\$0.50
Mony (E)	\$1.50
(Lemon Ice, Red Berry Blast)	

~ SNACKS ~

Sliced Watermelon (E)	\$1.50
Yoghurt & Fruit (E)	\$3.50
Fruit Salad (E)	\$3.50
Cheese & Rice Crackers (E)	\$2.50
Fruit (Seasonal) (E)	\$1.00
Red Rock 28gr (Sea Salt) (O)	\$2.00
Grain Waves 22gr (Sr Crm) (O)	\$2.00

~PASTA, RICE & MORE~

Butter Chicken & Rice (E)	Sml \$4.00	Lge \$6.00
Curry Chicken & Rice (E)	Sml \$4.00	Lge \$6.00
Beef Ravioli Napolitano (E)	Sml \$4.00	Lge \$6.00
Chicken Snit, Mash & Gravy (O)	Sml \$4.00	Lge \$6.00 (Tuesday Only)
Macaroni Cheese (O)	Sml \$4.00	Lge \$6.00 (Thursday Only)
Spaghetti & Sauce Nachos (O)	Sml \$4.00	Lge \$6.00

**PLEASE USE FLEXI SCHOOLS
ONLINE FOR LUNCH ORDERS!**

www.flexischools.com.au

MTB are NSW Healthy School Canteen
Approved Operators

FOOD CODING

E Everyday / O Occasionally
GF Gluten Free

HOME-MADE WEEKLY SPECIALS

MONDAY

Lasagna (E)	\$6.00
Layers of Homemade Bolognese sauce & pasta and cheese	

WEDNESDAY

Spaghetti Bolognese (E)	\$6.00
Homemade Bolognese sauce tossed with spaghetti	

TUESDAY

Burrito (E)	\$6.00
Beef (Lettuce, Shredded cheese, tomato & sour cream)	
Chicken (Lettuce, Shredded Cheese, tomato & sour cream)	

THURSDAY

Vegetarian Fried Rice (E)	\$5.00
Steamed rice tossed with fresh vegetables & soy sauce	

**ADD A 600ML WATER FOR AN EXTRA \$1.00 WHEN
PURCHASING A WEEKLY SPECIAL ONLY!**

**COMBO DEAL – WHEN YOU SPEND
\$4.00 OR MORE**



\$1.50
600ml



Our Lady of Lourdes Baulkham Hills

Uniform Price List

DESCRIPTION	PRICE
Unisex	Price
Bomber Jacket	\$65.00
Boys Summer	Price
Short Sleeve Shirt	\$25.00
Navy Shorts	\$25.00
Socks – Grey Turnover	\$5.00
Boys Winter	Price
Unisex Long Sleeve Shirt	\$30.00
Navy Trousers	\$30.00
Velcro Tie - Stripe	\$18.00
Socks – Grey Turnover	\$5.00
Girls Summer	Price
Summer Dress	\$55.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Socks – Grey Turnover	\$5.00
Girls Winter	Price
Winter Tunic	\$55.00
Unisex Long Sleeve Shirt	\$30.00
Tights – Grey	\$15.00
Velcro Tie - Plain	\$18.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Curly Ties – Grey, Navy, Sky	\$5.00
Sports	Price
Short Sleeve Sport Polo	\$33.00
Long Sleeve Sport Polo	\$33.00
Sport Shorts	\$25.00
Sport Trackpant	\$45.00
Sport Jacket	\$55.00
Socks – White Turnover	\$5.00
Accessories	Price
Backpack	\$45.00
Excursion Bag	\$15.00
Library Bag	\$15.00
Sun Hat	\$15.00
Raincoat – Navy or Yellow	\$25.00
Art Smock	\$15.00

DELIVERY

Delivery is every Tuesday and Friday during the school term.

Orders must be placed on the QKR app by 4:00pm Monday and Thursday for delivery the next day

Any further enquiries please contact Elle

elle@ozfashions.com.au

0421 216 414