

OLOL SCHOOL NEWSLETTER

5 Canyon Road,
Baulkham Hills South
Telephone: 8841 3700 Facsimile 8841 3799
www.ololbills.parra.catholic.edu.au

Term 1 Week 9

29th March, 2019

**The Gospel reading for
this Sunday is from
Luke 15:1-3, 11-32**

*Your brother here was dead
and has come to life.*

The tax collectors and the sinners were all seeking the company of Jesus to hear what he had to say, and the Pharisees and the scribes complained. 'This man' they said 'welcomes sinners and eats with them.' So he spoke this parable to them:

'A man had two sons. The younger said to his father, "Father, let me have the share of the estate that would come to me." So the father divided the property between them. A few days later, the younger son got together everything he had and left for a distant country where he squandered his money on a life of debauchery.

'When he had spent it all, that country experienced a severe famine, and now he began to feel the pinch, so he hired himself out to one of the local inhabitants who put him on his farm to feed the pigs. And he would willingly have filled his belly with the husks the pigs were eating but no one offered him anything. Then he came to his senses and said, "How many of my father's paid servants have more food than they want, and here am I dying of hunger! I will leave this place and go to my father and say: Father, I have sinned against heaven and against you; I no longer deserve to be called your son; treat me as one of your paid servants." So he left the place and went back to his father.

'While he was still a long way off, his father saw him and was moved with pity. He ran to the boy, clasped him in his arms and kissed him tenderly. Then his son said, "Father, I have sinned against heaven and against you. I no longer deserve to be called your son." But the father said to his servants, "Quick! Bring out the best robe and put it on him; put a ring on his finger and sandals on his feet. Bring the calf we have been fattening, and kill it; we are going to have a feast, a celebration, because this son of mine was dead and has come back to life; he was lost and is found." And they began to celebrate.

'Now the elder son was out in the fields, and on his way back, as he drew near the house, he could hear music and dancing. Calling one of the servants he asked what it was all about. "Your brother has come" replied the servant "and your father has killed the calf we had fattened because he has got him back safe and sound." He was angry then and refused to go in, and his father came out to plead with him; but he answered his father, "Look, all these years I have



slaved for you and never once disobeyed your orders, yet you never offered me so much as a kid for me to celebrate with my friends. But for this son of yours, when he comes back after swallowing up your property – he and his women – you kill the calf we had been fattening."

'The father said, "My son, you are with me always and all I have is yours. But it is only right we should celebrate and rejoice, because your brother here was dead and has come to life; he was lost and is found.'"

Ref: Liturgyhelp.com

Social Skills

**Respect feeling good about
yourself and others**

- ◆ Doing your best



Sporting Achievements

Congratulations to all the students who participated in the NSW Swimming Carnival this week.



School Fees

School Fees were due 29th March, 2019. If you have not paid already, could you please finalise your account as soon as possible.

P&F News

Fun Run 2019 – 5th April 2019

Don't forget the OLOL Fun Run is on next Friday, 5th April! All children in Infants and Primary classes will participate in a fantastic day including completing a 'Fun Run' course at their own pace based on their abilities. There will be a range of activities and as always this promises to be a day of fun for our school community. The course will be run a grade at a time with Kindergarten children completing the course with their Year 6 buddy.

If you haven't already sent in your sponsorship form and monies please do so as soon as possible to the school office.

See you down at Yattendon Oval next Friday, 5th April!

Interested in helping on the day?

If you are available on Friday 5th April we are looking for parent helpers on the day. Please email ololbhp@gmail.com to let us know if you're available!



Mother's Day Stall

Our annual Mother's Day Stall will be held on Thursday, 9th May, 2019.

We are looking for prize donations for our fundraising raffle. Any new product or service would be greatly appreciated. If you would like to make a donation, can you please bring it to the school office.

We also need some parent helpers to help wrap the gifts and run the stall on the day. The Mother's Day Wrap-a-thon will be held on Monday, 6th May, 2019 at 7:30pm in the Learning Centre.

Please contact Meredith and Anna at:

ololbhevents@gmail.com if you are able to help at the wrap-a-thon and/or at the stall, or make a prize donation.



Girls Soccer Players

Aged 9- 11 Years



Wenty Saints Soccer club are after girls who are aged 9-11 and want to play soccer on Saturdays in the Parramatta area in an ALL GIRL competition

COME JOIN the FUN

Beginners welcome! Our focus will be fun, skill building and team work.

Cost \$100

Season begins 6th April until end of August 2019

To register on line : <https://nswcfawst.myclubmate.com.au/myDetails/>

If interested please contact
Michael Sydenham ph 0422 846 308
Penny Sydenham Ph: 0411 304 318
Email: wendysaints@nswcfawst.com.au



We invite all Our Lady of Lourdes Students and families to attend a special mass to mark the opening of the Junior Rugby League season. The evening will be a celebration of sport, community spirit and friends. We hope to see you on Tuesday.

Our Lady of Lourdes Catholic Church

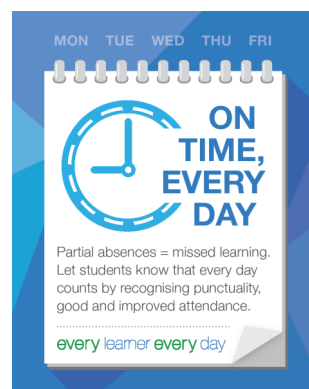
Tuesday 2nd April 2019

Time: 6:30pm

Hosted by The Baulkham Hills Brumbies

Any questions please contact

Jenny Mejalli 0410 224 000



How can you promote a healthy attendance culture in your school?
<https://www.nswcfawst.com.au/attendance>
 to the out there.

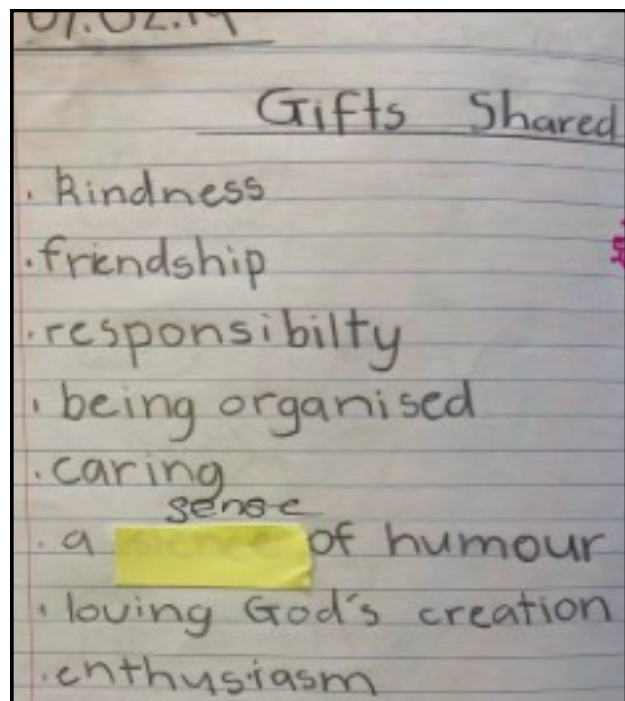
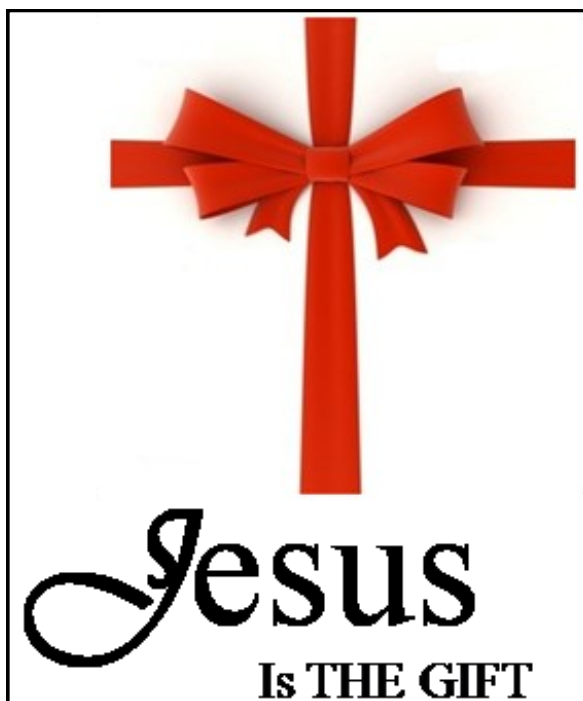
every learner every day

SCHOOL EVENTS	
Sun 31st	Fourth Sunday of Lent
April Tues 2nd	School Tour
Thurs 4th	Priest Visit - Year 1 Reconciliation - 4L
Fri 5th	Fun Run
Sun 7th	Fifth Sunday of Lent
Tues 9th	2.30pm Principal & Citizenship Awards
Wed 10th	NSW PSSA Swimming Year 4L C.A.R.E.S. Excursion
Thurs 11th	Year 4G C.A.R.E.S. Excursion Priest Visit - Year 1 Reconciliation - 4L
Fri 12th	Last Day Term 1
Fri 19th	Good Friday
Sat 20th	Easter Saturday
Sun 21st	Easter Sunday
Mon 22nd	Easter Monday
Mon 29th	Term 2 begins

RELIGIOUS EDUCATION IN YEAR 3

Term 1 Week 9

Year 3 commenced the year with the unit, Jesus Share His Gifts. Students explored how other people use their gifts in service of others, as well as, learning how Jesus used his gifts in ministering to others. The children in Year 3 also enjoyed interviewing the staff of Our Lady of Lourdes as it made them aware of the many gifts that are shared within our school community.



Year 3 began this year's Lenten Season by learning about the significance of Ash Wednesday. Students received their ashes and returned to the classroom to reflect upon this first day of Lent:

- ♦ The celebration of Lent provides us with opportunities to grow closer in our relationship with God.
- ♦ This season challenges us to reach out to others in need.
- ♦ Three ways we can reach out to others are through fasting, praying and almsgiving.



Sport : Selection Trial - 2019 NSWPSSA Athletics Representative Team

Date: Thursday 8 August 2019

Venue: Sydney Olympic Park Athletic Centre, Homebush

Application for invitation to the NSWPSSA Selection Trials for the 2019 School Sport Australia Track & Field Championships.

This trial is not for participation at the NSWPSSA State Athletics Championships held on 6 and 7 November 2019. Students will need to qualify for these championships through their school and association representative pathway.

In 2019 the School Sport Australia Track and Field Championships will be held in the Northern Territory.

Due to extreme heat conditions in Darwin during November/December when the National Track and Field Championships are traditionally held, this year's SSA event will be held from the 18-23 September 2019.

In order to select a NSW representative track & field team for this event, the NSWPSSA will be holding a special selection trial.

Participation at these trials will be via a formal application to NSWPSSA and athletes **MUST** compete at this event to achieve selection in the 2019 NSW representative team.

An entry fee will be applicable to successful athletes.

Age eligibility:

Participants must be in at least their tenth year (turning ten during the year of competition) in order to compete at a School Sport Australia Championship as per School Sport Australia policy.

There are no events at the SSA 12 Years & Under Championships for competitors under ten or turning thirteen.

All athletes must apply using the form provided and include a verifiable official time, distance or height that meets the minimum qualifying requirements listed below, for each event he/she is applying for.

Completion of this application does not guarantee the right to compete at these trials as there are strict entry limits for all events. The convener will consider all applications and send invitations and further information electronically to successful athletes.

Please note:

Any athletes who attend on the day without a formal invitation or approval will be unable to compete.

Notes on Qualifying Times, Distances & Weights

- For throws, the implement weight should be added eg 500g, 2kg etc.
- All official times, distances or heights must have been achieved at a school, PSSA or official athletics event after August 1, 2018 and must be verifiable. Please submit the name of a school or athletics official who can verify submissions and/or supply a link to an online verification source such as a PSSA or Little Athletics website e.g. regional or state championships results.

Important information:

- **Late applications will not be considered.**
- Any student competing at the selection trials must be available to attend the School Sport Australia Track and Field Championships in Darwin everyday between Wednesday 18 and Monday 23 September 2019 inclusive.
- Only students invited to the Selection Trial will be considered for the state team and these students must compete at the trial to gain a position.
- No special consideration will be given to athletes who can not attend due to clashes with other sporting or personal commitments.
- No medals will be awarded at this event.
- Successful applicants will be notified via email, with all successful students listed. If you do not wish for your child's name to be published on this list please indicate on application form.

Events

Able bodied events will be separated into 10 years, 11 years and 12 years in the following events:

Category	Event name
Track:	100m, 200m, 800m and 1500m
Field:	Discus, High Jump, Long Jump and Shot Put

Multi Class events will be separated into 10 years, 11 years and 12 years in the following events:

Category	Event name
Track:	100m, 200m and 800m
Field:	Discus, Long Jump and Shot Put

Entry limits (solely at the discretion of the NSWPSA Convener)

Able Bodied Entries	Multi Class Entries
Track events – maximum of 18 competitors	Track events – maximum of 9 competitors
Field events – maximum of 15 competitors	Field events – maximum of 10 competitors

NSWPSSA Able Bodied Qualifying Times, Heights and Distances

Athlete results must equal or better the times, distances or heights listed below to be considered:

Event	10 years Girls	10 years Boys	11 years Girls	11 years Boys	12 years Girls	12 years Boys
100m	15.00	14.50	14.50	14.00	14.00	13.50
200m	31.00	30.00	30.00	29.00	29.50	28.00
800m	02:50.00	02:45.00	02:45.00	02:40.00	02:40.00	02:30.00
1500m	5.50.00	5.45.00	5.35.00	5.25.00	5.30.00	5.15.00
Long Jump	3.60m	3.90m	3.90m	4.00m	4.10m	4.20m
High Jump	1.20m	1.30m	1.25m	1.35m	1.35m	1.45m
Shot	8.30m (2kg)	9.20m (2kg)	8.50m (2kg)	9.50m (2kg)	8.20m (3kg)	9.50m (3kg)
Discus	24m (500g)	27m (500g)	25m (750g)	27m (750g)	26m (750g)	30m (750g)

Important: Late applications will not be considered.

APPLICATIONS

To be considered for the **Selection Trial for the 2019 NSWPSSA Athletics Representative Team** complete either the online entry application via links below or complete and submit paper entry forms at the end of this information package.

Please note a separate online form must be completed for each event an athlete is applying for.

Applications close: 5pm Wednesday 26 June 2019.

Important: Late applications will not be considered.

Able Bodied Application: http://bit.ly/Able-bod_application

Multi Class Application: http://bit.ly/MClass_Application

Should you have any questions regarding these trials or have difficulty submitting an application please contact:

Jason Wilesmith

R/Executive Officer

NSW Primary Schools Sports Association

Senior Education Officer | DoE School Sport Unit

Ph: 02 9707 6927

Email: jason.wilesmith@det.nsw.edu.au

SCHOOL CANTEEN

OUR LADY OF LOURDES PRIMARY SCHOOL

Term 4 & 1



~ BURGERS & ROLLS ~

Hot Chicken Schnitzel (E)	\$5.00
Baked homemade Chicken Schnitzel, lettuce & Mayo	
Baked Fish (E)	\$5.00
Baked crumbed fish, lettuce & tartare sauce	
Cheeseburger (O)	\$5.00
Fresh beef patty, cheese, mustard & tomato sauce	
Veggie Burger (E)	\$5.00
Veggie pattie, lettuce & Tomato	

~ HOT BAR ~

Beef & Bean Nachos (E)	\$5.00
Corn chips, beef & beans, lettuce, cheese, tomato, sour cream & avocado	
Vegetarian Fried Rice (E)	\$4.00
Fresh veggies tossed in fluffy rice w/soy sauce	
Spaghetti & Sauce Nachos (E)	\$4.00
Spaghetti & sauce w/ corn chips and melted cheese	
Fish Cocktails & Salad (E)	\$4.50
Baked Fish & Garden Salad	
Home-made Pizza (E)	\$4.50
(Vegetarian / Bbq chicken /Margarita)	

PLEASE USE FLEXI SCHOOLS ONLINE FOR LUNCH ORDERS!

www.flexischools.com.au

NSW Healthy School Canteen Strategy

~ FOOD CODING ~

E	Everyday
O	Occasionally
GF	Gluten Free

~ MILK ~

Lite Oak - 300ml (E)	\$2.50
Chocolate, Strawberry)	

~ COLD DRINKS ~

Harvey Juice 99% (E)	\$2.50
Orange, Apple, A&B, O&M	
Water (E)	
Spring Water 600ml	\$2.00

COMBO DEAL

— WHEN YOU SPEND \$3.00 OR MORE



\$2.00
(300ml)

OR



\$1.50
(600ml)

WEEKLY SPECIALS

MONDAY

Chicken Stir-fry w/ Hokkien Noodles (E)	\$5.00
Asian veggies tossed with chicken & hokkien Noodles	

TUESDAY

Chicken Schnitzel, Mash & Gravy (O)	\$5.00
Homemade Schnitzel with Mash & Gravy	

WEDNESDAY

Spaghetti Bolognese (E)	\$5.00
Homemade Bolognese sauce tossed with spaghetti	

THURSDAY

Chicken Mushroom Boscalola (O)	\$5.00
Chicken breast, cream, mushrooms & penne	

FRIDAY

6 x Nuggets (O)	\$4.50
Baked chicken breast nuggets	



Mel's Tasty Bites

Healthy Canteen Operators & Catering Services

SCHOOL CANTEEN

OUR LADY OF LOURDES PRIMARY SCHOOL

Term 4 & 1



~ SANDWICH BAR ~

Vegemite, Jam or Honey (O)	\$2.40
Margarine spread	
Chicken (E)	\$4.00
Lettuce & mayo	
Cheese Tomato (E)	\$3.50
Cheese & tomato	
Ham (E)	\$3.80
Cheese & tomato	
Chicken Schnitzel (E)	\$4.00
Hummus & tabouli	
Cheese (E)	\$2.50
Sliced tasty cheese	
Salad (E)	\$3.60
Lettuce, tomato, cucumber, beetroot, onion & ajiolita	
Egg (E)	\$3.60
Mayo & lettuce	
Curried Egg (E)	\$3.60
Mayo, curry & lettuce	
Tuna (E)	\$3.80
Mayo, cucumber, Spanish onion, sweet chili	

~ SUPER SALAD BAR ~

Greek Salad (E) (GF)	\$5.00
Tomato, cucumber, Spanish onion, pitted olives & feta	
Chicken Caesar (E)	\$5.00
Grilled Chicken, Cos lettuce, croutons, egg, Caesar dressing	
Chicken Buster (E)	\$5.00
Grilled chicken, tabouli & hummus	
Garden Salad (E)	\$5.00
Lettuce, tomatoes, cucumber, carrot, capsicum & sprouts	

Look out for our
Weekly Summer
Specials!

~ BREAKFAST ~

MTB Brekkie Roll (E)	\$4.00
(Poached egg, avocado, cheese, rocket & relish)	
MTB Brekkie Roll & flavoured milk (300ml)	\$5.50
Toasted Banana bread & flavoured milk (300ml)	\$4.00
Toasted Sandwiches (E)	
Cheese	\$2.50
Ham & Cheese	\$3.00
Raisin Toast (2) (E)	\$2.00
Toast (2) (E) Jam or Honey	\$2.00
Fresh Fruit Salad (E) (GF)	\$2.50
Yoghurt & Muesli (E) (GF)	\$2.50
Fruit (E)	
Fruit available daily	\$1.00

HOME-MADE TREATS ~

Homemade Muffins (O)	\$2.00
(Banana, Blueberry or Apple cinnamon)	
Warm Banana & Custard (O)	\$2.50
Banana Bread (O)	\$2.00

NSW Healthy Canteen Strategy

~ FOOD CODING ~

E	Everyday
O	Occasionally
GF	Gluten Free

CELEBRATE YOUR BIRTHDAY AT SCHOOL!

Order your Zooper Dooper
Iceblock Bucket or Homemade
Cupcakes on our website or ask
one of our friendly staff at our
MTB Canteens!

www.melstastybites.com

Extras	
Avocado (G)	\$1.00
Boiled Egg (G)	\$1.00
Hummus (G)	\$1.00
Ham (O)	\$1.00
Cucumber, tomato or lettuce (G)	\$0.60
Lunch Bag	\$0.20
Spoon or Fork (without a lunch order)	\$0.20
Sauce Portions	\$0.30

CRUNCH & SIP

before 9am - **\$2.00**



Bottle of Water 350ml plus a choice of a Apple, Banana or Orange



Our Lady of Lourdes Baulkham Hills

Uniform Price List

DESCRIPTION	PRICE
Unisex	Price
Bomber Jacket	\$65.00
Boys Summer	Price
Short Sleeve Shirt	\$25.00
Navy Shorts	\$25.00
Socks – Grey Turnover	\$5.00
Boys Winter	Price
Unisex Long Sleeve Shirt	\$30.00
Navy Trousers	\$30.00
Velcro Tie - Stripe	\$18.00
Socks – Grey Turnover	\$5.00
Girls Summer	Price
Summer Dress	\$55.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Socks – Grey Turnover	\$5.00
Girls Winter	Price
Winter Tunic	\$55.00
Unisex Long Sleeve Shirt	\$30.00
Tights – Grey	\$15.00
Velcro Tie - Plain	\$18.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Curly Ties – Grey, Navy, Sky	\$5.00
Sports	Price
Short Sleeve Sport Polo	\$33.00
Long Sleeve Sport Polo	\$33.00
Sport Shorts	\$25.00
Sport Trackpant	\$45.00
Sport Jacket	\$55.00
Socks – White Turnover	\$5.00
Accessories	Price
Backpack	\$45.00
Excursion Bag	\$15.00
Library Bag	\$15.00
Sun Hat	\$15.00
Raincoat – Navy or Yellow	\$25.00
Art Smock	\$15.00

DELIVERY

Delivery is every Tuesday and Friday during the school term.

Orders must be placed on the QKR app by 4:00pm Monday and Thursday for delivery the next day

Any further enquiries please contact Elle

elle@ozfashions.com.au

0421 216 414



ORDER FORMS – email elle@ozfashions.com.au

Our Lady of Lourdes Baulkham Hills Primary School - Uniform Order Form

Parent's Name:

Child's Name:

Class:

Contact No:

Email:

UNIFORM ORDER DETAILS

Unisex	4	6	8	10	12	14	16		Qty	Price	Total
Bomber Jacket										\$65.00	
Boys Summer	4	6	8	10	12	14	16		Qty	Price	Total
Classic Blue- S/S Shirt										\$25.00	
Navy Shorts										\$25.00	
Socks – Grey Turnover	9-12/		13-3/		2-8/		6-11/			\$5.00	
Boys Winter	4	6	8	10	12	14	16		Qty	Price	Total
Classic Blue – L/S Shirt (Unisex)										\$30.00	
Navy Trousers										\$30.00	
Velcro Tie - Stripe	S-Pre tied/		M-Pre tied/		L-Pre tied/		L-Self Tie/			\$18.00	
Socks – Grey Turnover	9-12/		13-3/		2-8/		6-11/			\$5.00	
Girls Summer	4	6	8	10	12	14	16		Qty	Price	Total
Summer Dress										\$55.00	
Scrunchy	O/S /									\$5.00	
Soft Headband	O/S /									\$5.00	
Hard Headband	O/S /									\$5.00	
Socks – Grey Turnover	9-12/		13-3/		2-8/		6-11/			\$5.00	
Girls Winter	4	6	8	10	12	14	16		Qty	Price	Total
Winter Tunic										\$55.00	
Classic Blue – L/S Shirt (Unisex)										\$30.00	
Tights – Grey	4-6/	6-8/	8-10/	10-12/	12-14/	14-16/				\$15.00	
Velcro Tie - Plain	O/S /									\$18.00	
Scrunchy	O/S /									\$5.00	
Soft Headband	O/S /									\$5.00	
Hard Headband	O/S /									\$5.00	
Curly Ties – Grey, Navy, Sky	O/S/									\$5.00	
Sports	4	6	8	10	12	14	16		Qty	Price	Total
Sport Polo – S/SL										\$33.00	
Sport Polo – L/SL										\$33.00	
Sport Shorts										\$25.00	
Sport Trackpant										\$45.00	
Sport Jacket										\$55.00	
Socks – White Turnover	9-12/		13-3/		2-8/		6-11/			\$5.00	
Accessories									Qty	Price	Total
Backpack	O/S /									\$45.00	
Excursion Bag	O/S /									\$15.00	
Library Bag	O/S /									\$15.00	
Sun Hat	XS(52cm)/		S(54cm)/		M(56cm)/		L(59cm)/			\$15.00	
Raincoat – Navy or Yellow	4-6/		8-10/		12-14/					\$25.00	
	Colour		Colour		Colour						
Art Smock	4-6/				8-10/					\$15.00	
Grand Total										\$	

PAYMENT DETAILS

Option A. Credit Card	<input type="checkbox"/> VISA	<input type="checkbox"/> MasterCard	\$
Card No:			
Expiry Date:			
Name on Card:			
Option B. Direct Transfer			
If you choose to use this method we need a remittance receipt to process your order			
Account Name: OZ Uniforms PTY LTD			
BSB Number: 062 174			
Account Number: 1046 6652			
Bank: Commonwealth			

DELIVERY

Tuesday and Friday during the school term.
Orders and payment must be placed by 4:00pm the day before delivery.

Any further enquiries please call Elle 0421 216 414