

# OLOL SCHOOL NEWSLETTER

5 Canyon Road,  
Baulkham Hills South  
Telephone: 8841 3700 Facsimile 8841 3799  
[www.ololbhills.parra.catholic.edu.au](http://www.ololbhills.parra.catholic.edu.au)

**Term 1 Week 10**

**5th April, 2019**

**The Gospel reading for this Sunday is from  
John 8:1-11**

*Let the person without sin be the first to throw a stone.*

In this week's reading, we recall God's mercy and forgiveness. God invites us to turn away from the past and look forward once more. The burden of recalling past failings and thinking about what was done before has now been lifted. Like the woman in the Gospel story, we are called to a new way of living and invited to sin no more.

## Confirmation

Last week notes were sent home regarding children intending to take part in preparing for the sacrament of Confirmation. The sacrament of Confirmation will be celebrated within mass on Thursday, July 4th and Friday July 5th at 7pm. Children aged 10/11 years old and who are in Years 5 or 6 and have received the sacrament of the Holy Eucharist are eligible to receive the sacrament of Confirmation. A parent meeting for Confirmation will be held on Monday, 6th May at 7:30pm in the OLOL Open Learning Centre. This meeting is essential if you wish your child to participate in this Sacramental Program for 2019.

## Kindergarten 2020 Enrolments

Our Lady of Lourdes Primary School is now taking Kindergarten enrolments for 2020. Please download the enrolment form from the school website [www.ololbhills.parra.catholic.edu.au](http://www.ololbhills.parra.catholic.edu.au) and complete the forms and return them to the school office with all the required documentation including originals. Please note that we cannot accept a Driver's Licence as proof of residence. A utility bill is the preference. Families will be interviewed on May 4th by a member of the leadership team.

## Social Skills

### ***Fairness***

Fair go for all makes a happy school

### ***Respect and Integrity***

Showing good manners and communication skills

### ***Respect***

Feeling good about yourself and others

## Sport News

Congratulations to Samuel Polley (Year 6) and Joseph Wesser (Year 5) who were selected in the Parramatta Diocesan Rugby League team.

## Assembly

Parents are invited to the first Principal and Citizenship Award Assembly which will be held on Tuesday, 9th April at 2.30pm in the church. Swimming and Cross Country medals for age champions and runners up will be presented.

## Principal/Citizenship Awards

At the end of each term we hold an assembly to present the Principal and Citizenship Awards. Each class teacher selects one student from their class to receive a Principal's Certificate and one student to receive a Citizenship Certificate. The criteria for selection is listed below:



### Criteria for Principal's Award

Students may have shown one or more of the following:

- Achieved high standard results this term
- Continually produced work of a high standard
- Have shown outstanding effort in their school work
- Participated most enthusiastically in all class activities
- Made great improvement/progress in their school work

### Criteria for Citizenship Award

Students may have shown one or more of the following:

- Treated others with care and respect
- Helped other students
- Considered the feelings of others
- Demonstrated the values taught in our school
- Cared for the environment
- Displayed skills taught in our Social Skills Program



## Winter Uniform

All winter uniforms are now available for purchase. Please place your orders before next term to ensure you receive them on time. The students will be changing to winter uniform on Monday 13th May. Orders can be placed via email to: [elle@ozfashions.com.au](mailto:elle@ozfashions.com.au)

Order forms can be found in this newsletter and on our school website. All size samples are at the school office.

## Farewell Mrs Quinn

This week we farewelled Mrs Jane Quinn who has retired after 22 years at Our Lady of Lourdes. I would like to thank Mrs Quinn for her commitment and hard work over the years at our school.

Mrs Quinn worked tirelessly to ensure the smooth running of the school, answering the phone, attending to emails, looking after sick children or patching up grazed knees. Mrs Quinn will be missed but we wish her well in her retirement.



We would like to welcome Mrs Charlene Aloisio who will be working in our front office on Wednesday, Thursday and Friday from next term. Mrs Borg will continue on Monday and Tuesday.

Congratulations to Mrs Powell (2P) who has announced that she is due to have a baby in August.

### School Fees

School Fees were due 29th March, 2019. If you have not paid already, could you please finalise your account as soon as possible.

## P&F News

### Fun Run 2019 – 12<sup>th</sup> April 2019

The Fun Run set down for today has been postponed and will now be held next **Friday, 12th April**, last day of term.

See you down at Yattenden Oval next Friday, 12<sup>th</sup> April!

### Mother's Day Stall

Our annual Mother's Day Stall will be held on Thursday, 9<sup>th</sup> May, 2019.



We are looking for prize donations for our fundraising raffle. Any new product or service would be greatly appreciated. If you would like to make a donation, can you please bring it to the school office. We also need some parent helpers to help wrap the gifts and run the stall on the day. The Mother's Day Wrap-a-thon will be held on Monday, 6<sup>th</sup> May, 2019 at 7:30pm in the Library.

Please contact Meredith and Anna at: [ololbhevents@gmail.com](mailto:ololbhevents@gmail.com) if you are able to help at the wrap-a-thon and/or at the stall, or make a prize donation.



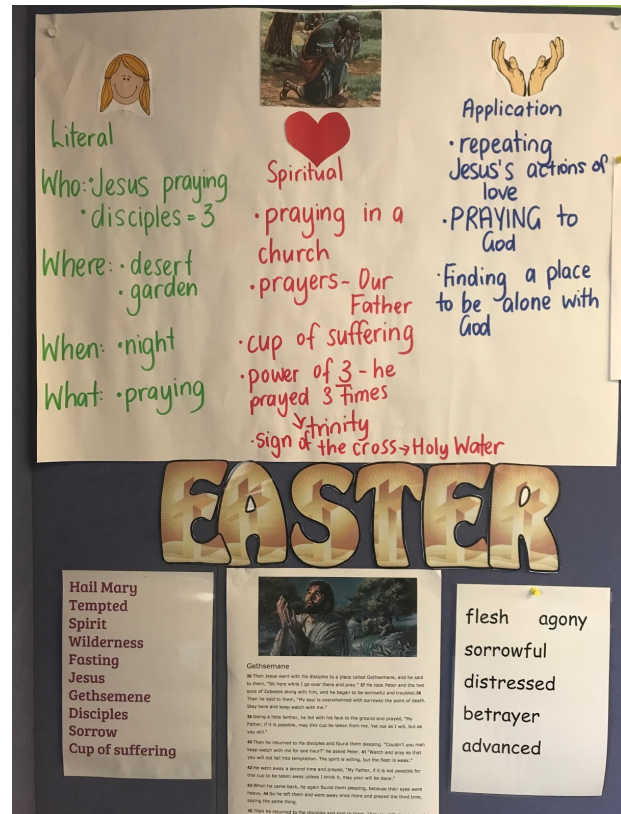
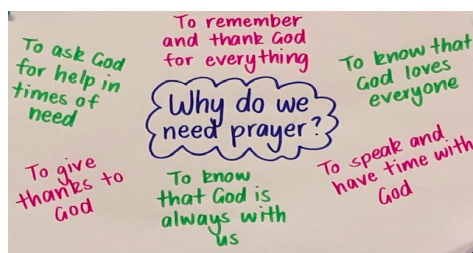
SCHOOL EVENTS	
April Sun 7th	Fifth Sunday of Lent
Tues 9th	2.30pm Principal & Citizenship Awards
Wed 10th	NSW PSSA Swimming Year 4L C.A.R.E.S. Excursion
Thurs 11th	Year 4G C.A.R.E.S. Excursion Priest Visit - Year 1 Reconciliation - 4L
Fri 12th	Fun Run—Last day of term
Fri 19th	Good Friday
Sat 20th	Easter Saturday
Sun 21st	Easter Sunday
Mon 22nd	Easter Monday
April Mon 29th	Term 2 begins



# RELIGIOUS EDUCATION IN YEAR 2

## Term 1 Week 10

### LENT and EASTER



This term Year 2 have studied the units 'Lent: Being Alone' and 'Easter Triduum: Never Alone'. In our Lent unit students focused on the prayerful aspect of Lent. It enabled the students to look for, know and find God within themselves.

In our Easter unit students examined the prayerful aspect of Holy Week focusing on the example of Jesus who was able to talk with God his Father about his feelings, fears and problems.

Students demonstrated an understanding of prayer as an expression of God's relationship with each of us and our response to this relationship.

## Mathematics in the home # 5

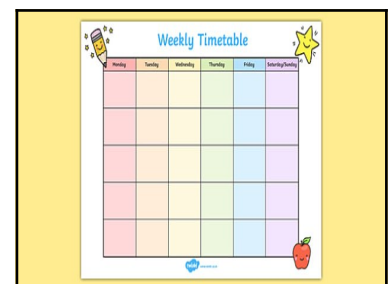
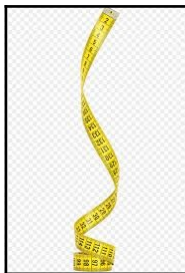
Ways to help your child learn mathematical ideas at home:

- Give your child their own tape measure
- Involve your child in measuring while cooking
- Use kitchen scales when cooking
- Encourage your child to estimate how long tasks will take e.g., tying shoelaces
- Read and interpret timetables e.g., bus/ train timetables
- Look at food packaging while shopping and point out their weights in grams and kilograms.

**Other ways to help your child include:**

### **USE EVERYDAY OPPORTUNITIES TO MAKE MATHEMATICS VISIBLE**

- ◇ Remember your child's learning may look different to yours.
- ◇ There can be a number of ways to solve a mathematical problem.
- ◇ Don't say "That's wrong", say "How did you get your answer?"
- ◇ Encourage your child to talk through their thinking
- ◇ Allow your child time to think - don't rush in and give them the answer - wait and listen.





Education

# NSWPSSA Selection Trials



**Sport :** Selection Trial - 2019 NSWPSSA Athletics Representative Team

**Date:** Thursday 8 August 2019

**Venue:** Sydney Olympic Park Athletic Centre, Homebush

Application for invitation to the NSWPSSA Selection Trials for the 2019 School Sport Australia Track & Field Championships.

**This trial is not for participation at the NSWPSSA State Athletics Championships held on 6 and 7 November 2019. Students will need to qualify for these championships through their school and association representative pathway.**

In 2019 the School Sport Australia Track and Field Championships will be held in the Northern Territory.

Due to extreme heat conditions in Darwin during November/December when the National Track and Field Championships are traditionally held, this year's SSA event will be held from the 18-23 September 2019.

In order to select a NSW representative track & field team for this event, the NSWPSSA will be holding a special selection trial.

Participation at these trials will be via a formal application to NSWPSSA and athletes **MUST** compete at this event to achieve selection in the 2019 NSW representative team.

An entry fee will be applicable to successful athletes.

## **Age eligibility:**

Participants must be in at least their tenth year (turning ten during the year of competition) in order to compete at a School Sport Australia Championship as per School Sport Australia policy.

**There are no events at the SSA 12 Years & Under Championships for competitors under ten or turning thirteen.**

All athletes must apply using the form provided and include a verifiable official time, distance or height that meets the minimum qualifying requirements listed below, for each event he/she is applying for.

Completion of this application does not guarantee the right to compete at these trials as there are strict entry limits for all events. The convener will consider all applications and send invitations and further information electronically to successful athletes.

**Please note:**

**Any athletes who attend on the day without a formal invitation or approval will be unable to compete.**

## **Notes on Qualifying Times, Distances & Weights**

- For throws, the implement weight should be added eg 500g, 2kg etc.
- All official times, distances or heights must have been achieved at a school, PSSA or official athletics event after August 1, 2018 and must be verifiable. Please submit the name of a school or athletics official who can verify submissions and/or supply a link to an online verification source such as a PSSA or Little Athletics website e.g. regional or state championships results.

### **Important information:**

- **Late applications will not be considered.**
- Any student competing at the selection trials must be available to attend the School Sport Australia Track and Field Championships in Darwin everyday between Wednesday 18 and Monday 23 September 2019 inclusive.
- Only students invited to the Selection Trial will be considered for the state team and these students must compete at the trial to gain a position.
- No special consideration will be given to athletes who can not attend due to clashes with other sporting or personal commitments.
- No medals will be awarded at this event.
- Successful applicants will be notified via email, with all successful students listed. If you do not wish for your child's name to be published on this list please indicate on application form.

## Events

**Able bodied events** will be separated into 10 years, 11 years and 12 years in the following events:

Category	Event name
<b>Track:</b>	100m, 200m, 800m and 1500m
<b>Field:</b>	Discus, High Jump, Long Jump and Shot Put

**Multi Class events** will be separated into 10 years, 11 years and 12 years in the following events:

Category	Event name
<b>Track:</b>	100m, 200m and 800m
<b>Field:</b>	Discus, Long Jump and Shot Put

**Entry limits** (solely at the discretion of the NSWPSA Convener)

Able Bodied Entries	Multi Class Entries
Track events – maximum of 18 competitors	Track events – maximum of 9 competitors
Field events – maximum of 15 competitors	Field events – maximum of 10 competitors

## NSWPSSA Able Bodied Qualifying Times, Heights and Distances

Athlete results must equal or better the times, distances or heights listed below to be considered:

Event	10 years Girls	10 years Boys	11 years Girls	11 years Boys	12 years Girls	12 years Boys
100m	15.00	14.50	14.50	14.00	14.00	13.50
200m	31.00	30.00	30.00	29.00	29.50	28.00
800m	02:50.00	02:45.00	02:45.00	02:40.00	02:40.00	02:30.00
1500m	5.50.00	5.45.00	5.35.00	5.25.00	5.30.00	5.15.00
Long Jump	3.60m	3.90m	3.90m	4.00m	4.10m	4.20m
High Jump	1.20m	1.30m	1.25m	1.35m	1.35m	1.45m
Shot	8.30m (2kg)	9.20m (2kg)	8.50m (2kg)	9.50m (2kg)	8.20m (3kg)	9.50m (3kg)
Discus	24m (500g)	27m (500g)	25m (750g)	27m (750g)	26m (750g)	30m (750g)

**Important: Late applications will not be considered.**

# APPLICATIONS

To be considered for the **Selection Trial for the 2019 NSWPSSA Athletics Representative Team** complete either the online entry application via links below or complete and submit paper entry forms at the end of this information package.

Please note a separate online form must be completed for each event an athlete is applying for.

**Applications close: 5pm Wednesday 26 June 2019.**

**Important: Late applications will not be considered.**

**Able Bodied Application:** [http://bit.ly/Able-bod\\_application](http://bit.ly/Able-bod_application)

**Multi Class Application:** [http://bit.ly/MClass\\_Application](http://bit.ly/MClass_Application)

Should you have any questions regarding these trials or have difficulty submitting an application please contact:

Jason Wilesmith

R/Executive Officer

NSW Primary Schools Sports Association

Senior Education Officer | DoE School Sport Unit

Ph: 02 9707 6927

Email: [jason.wilesmith@det.nsw.edu.au](mailto:jason.wilesmith@det.nsw.edu.au)



# SCHOOL CANTEEN

## OUR LADY OF LOURDES PRIMARY SCHOOL

## Term 4 & 1



### ~ BURGERS & ROLLS ~

Hot Chicken Schnitzel (E)	\$5.00
Baked homemade Chicken Schnitzel, lettuce & Mayo	
Baked Fish (E)	\$5.00
Baked crumbed fish, lettuce & tartare sauce	
Cheeseburger (O)	\$5.00
Fresh beef patty, cheese, mustard & tomato sauce	
Veggie Burger (E)	\$5.00
Veggie pattie, lettuce & Tomato	

### ~ HOT BAR ~

Beef & Bean Nachos (E)	\$5.00
Corn chips, beef & beans, lettuce, cheese, tomato, sour cream & avocado	
Vegetarian Fried Rice (E)	\$4.00
Fresh veggies tossed in fluffy rice w/soy sauce	
Spaghetti & Sauce Nachos (E)	\$4.00
Spaghetti & sauce w/ corn chips and melted cheese	
Fish Cocktails & Salad (E)	\$4.50
Baked Fish & Garden Salad	
Home-made Pizza (E)	\$4.50
(Vegetarian / Bbq chicken /Margarita)	

**PLEASE USE FLEXI SCHOOLS ONLINE FOR LUNCH ORDERS!**

[www.flexischools.com.au](http://www.flexischools.com.au)

### NSW Healthy School Canteen Strategy

#### ~ FOOD CODING ~

E	Everyday
O	Occasionally
GF	Gluten Free

### ~ MILK ~

Lite Oak - 300ml (E)	\$2.50
Chocolate, Strawberry)	

### ~ COLD DRINKS ~

Harvey Juice 99% (E)	\$2.50
Orange, Apple, A&B, O&M	
Water (E)	
Spring Water 600ml	\$2.00

## COMBO DEAL

— WHEN YOU SPEND \$3.00 OR MORE



**\$2.00**  
(300ml)

OR



**\$1.50**  
(600ml)

### WEEKLY SPECIALS

#### MONDAY

Chicken Stir-fry w/ Hokkien Noodles (E)	\$5.00
Asian veggies tossed with chicken & hokkien Noodles	

#### TUESDAY

Chicken Schnitzel, Mash & Gravy (O)	\$5.00
Homemade Schnitzel with Mash & Gravy	

#### WEDNESDAY

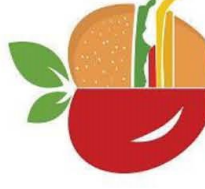
Spaghetti Bolognese (E)	\$5.00
Homemade Bolognese sauce tossed with spaghetti	

#### THURSDAY

Chicken Mushroom Boscalola (O)	\$5.00
Chicken breast, cream, mushrooms & penne	

#### FRIDAY

6 x Nuggets (O)	\$4.50
Baked chicken breast nuggets	



**Mel's Tasty Bites**

Healthy Canteen Operators & Catering Services

# SCHOOL CANTEEN

## OUR LADY OF LOURDES PRIMARY SCHOOL

Term 4 & 1



### ~ SANDWICH BAR ~

Vegemite, Jam or Honey (O)	\$2.40
Margarine spread	
Chicken (E)	\$4.00
Lettuce & mayo	
Cheese Tomato (E)	\$3.50
Cheese & tomato	
Ham (E)	\$3.80
Cheese & tomato	
Chicken Schnitzel (E)	\$4.00
Hummus & tabouli	
Cheese (E)	\$2.50
Sliced tasty cheese	
Salad (E)	\$3.60
Lettuce, tomato, cucumber, beetroot, onion & ajiolita	
Egg (E)	\$3.60
Mayo & lettuce	
Curried Egg (E)	\$3.60
Mayo, curry & lettuce	
Tuna (E)	\$3.80
Mayo, cucumber, Spanish onion, sweet chili	

### ~ SUPER SALAD BAR ~

Greek Salad (E) (GF)	\$5.00
Tomato, cucumber, Spanish onion, pitted olives & feta	
Chicken Caesar (E)	\$5.00
Grilled Chicken, Cos lettuce, croutons, egg, Caesar dressing	
Chicken Buster (E)	\$5.00
Grilled chicken, tabouli & hummus	
Garden Salad (E)	\$5.00
Lettuce, tomatoes, cucumber, carrot, capsicum & sprouts	

Look out for our  
Weekly Summer  
Specials!

### ~ BREAKFAST ~

MTB Brekkie Roll (E)	\$4.00
(Poached egg, avocado, cheese, rocket & relish)	
MTB Brekkie Roll & flavoured milk (300ml)	\$5.50
Toasted Banana bread & flavoured milk (300ml)	\$4.00
Toasted Sandwiches (E)	
Cheese	\$2.50
Ham & Cheese	\$3.00
Raisin Toast (2) (E)	\$2.00
Toast (2) (E) Jam or Honey	\$2.00
Fresh Fruit Salad (E) (GF)	\$2.50
Yoghurt & Muesli (E) (GF)	\$2.50
Fruit (E)	
Fruit available daily	\$1.00

### HOME-MADE TREATS ~

Homemade Muffins (O)	\$2.00
(Banana, Blueberry or Apple cinnamon)	
Warm Banana & Custard (O)	\$2.50
Banana Bread (O)	\$2.00

### NSW Healthy Canteen Strategy

E	~ FOOD CODING ~
O	Everyday
GF	Occasionally
	Gluten Free

### CELEBRATE YOUR BIRTHDAY AT SCHOOL!

Order your Zooper Dooper  
Iceblock Bucket or Homemade  
Cupcakes on our website or ask  
one of our friendly staff at our  
MTB Canteens!

[www.melstastybites.com](http://www.melstastybites.com)

Extras	
Avocado (G)	\$1.00
Boiled Egg (G)	\$1.00
Hummus (G)	\$1.00
Ham (O)	\$1.00
Cucumber, tomato or lettuce (G)	\$0.60
Lunch Bag	\$0.20
Spoon or Fork (without a lunch order)	\$0.20
Sauce Portions	\$0.30

## CRUNCH & SIP

before 9am - \$2.00



Bottle of Water 350ml plus a choice of a Apple, Banana or Orange



# Our Lady of Lourdes Baulkham Hills

## Uniform Price List

DESCRIPTION	PRICE
<b>Unisex</b>	<b>Price</b>
Bomber Jacket	\$65.00
<b>Boys Summer</b>	<b>Price</b>
Short Sleeve Shirt	\$25.00
Navy Shorts	\$25.00
Socks – Grey Turnover	\$5.00
<b>Boys Winter</b>	<b>Price</b>
Unisex Long Sleeve Shirt	\$30.00
Navy Trousers	\$30.00
Velcro Tie - Stripe	\$18.00
Socks – Grey Turnover	\$5.00
<b>Girls Summer</b>	<b>Price</b>
Summer Dress	\$55.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Socks – Grey Turnover	\$5.00
<b>Girls Winter</b>	<b>Price</b>
Winter Tunic	\$55.00
Unisex Long Sleeve Shirt	\$30.00
Tights – Grey	\$15.00
Velcro Tie - Plain	\$18.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Curly Ties – Grey, Navy, Sky	\$5.00
<b>Sports</b>	<b>Price</b>
Short Sleeve Sport Polo	\$33.00
Long Sleeve Sport Polo	\$33.00
Sport Shorts	\$25.00
Sport Trackpant	\$45.00
Sport Jacket	\$55.00
Socks – White Turnover	\$5.00
<b>Accessories</b>	<b>Price</b>
Backpack	\$45.00
Excursion Bag	\$15.00
Library Bag	\$15.00
Sun Hat	\$15.00
Raincoat – Navy or Yellow	\$25.00
Art Smock	\$15.00

## **DELIVERY**

Delivery is every Tuesday and Friday during the school term.

Orders must be placed on the QKR app by 4:00pm Monday and Thursday for delivery the next day

Any further enquiries please contact Elle

[elle@ozfashions.com.au](mailto:elle@ozfashions.com.au)

0421 216 414





**ORDER FORMS** – email [elle@ozfashions.com.au](mailto:elle@ozfashions.com.au)

**Our Lady of Lourdes Baulkham Hills Primary School - Uniform Order Form**

**Parent's Name:**

**Child's Name:**

**Class:**

**Contact No:**

**Email:**

### UNIFORM ORDER DETAILS

UNIFORM ORDER DETAILS											
Unisex	4	6	8	10	12	14	16		Qty	Price	Total
Bomber Jacket										\$65.00	
Boys Summer	4	6	8	10	12	14	16		Qty	Price	Total
Classic Blue- S/S Shirt										\$25.00	
Navy Shorts										\$25.00	
Socks – Grey Turnover	9-12/		13-3/		2-8/		6-11/			\$5.00	
Boys Winter	4	6	8	10	12	14	16		Qty	Price	Total
Classic Blue – L/S Shirt (Unisex)										\$30.00	
Navy Trousers										\$30.00	
Velcro Tie - Stripe	S-Pre tied/		M-Pre tied/		L-Pre tied/		L-Self Tie/			\$18.00	
Socks – Grey Turnover	9-12/		13-3/		2-8/		6-11/			\$5.00	
Girls Summer	4	6	8	10	12	14	16		Qty	Price	Total
Summer Dress										\$55.00	
Scrunchy	O/S /									\$5.00	
Soft Headband	O/S /									\$5.00	
Hard Headband	O/S /									\$5.00	
Socks – Grey Turnover	9-12/		13-3/		2-8/		6-11/			\$5.00	
Girls Winter	4	6	8	10	12	14	16		Qty	Price	Total
Winter Tunic										\$55.00	
Classic Blue – L/S Shirt (Unisex)										\$30.00	
Tights – Grey	4-6/	6-8/	8-10/	10-12/	12-14/	14-16/				\$15.00	
Velcro Tie - Plain	O/S /									\$18.00	
Scrunchy	O/S /									\$5.00	
Soft Headband	O/S /									\$5.00	
Hard Headband	O/S /									\$5.00	
Curly Ties – Grey, Navy, Sky	O/S/									\$5.00	
Sports	4	6	8	10	12	14	16		Qty	Price	Total
Sport Polo – S/SL										\$33.00	
Sport Polo – L/SL										\$33.00	
Sport Shorts										\$25.00	
Sport Trackpant										\$45.00	
Sport Jacket										\$55.00	
Socks – White Turnover	9-12/		13-3/		2-8/		6-11/			\$5.00	
Accessories									Qty	Price	Total
Backpack	O/S /									\$45.00	
Excursion Bag	O/S /									\$15.00	
Library Bag	O/S /									\$15.00	
Sun Hat	XS(52cm)/		S(54cm)/		M(56cm)/		L(59cm)/			\$15.00	
Raincoat – Navy or Yellow	4-6/		8-10/		12-14/					\$25.00	
	Colour		Colour		Colour						
Art Smock	4-6/				8-10/					\$15.00	
Grand Total										\$	

### PAYMENT DETAILS

<b>Option A. Credit Card</b>	<input type="checkbox"/> VISA	<input type="checkbox"/> MasterCard	\$
Card No:			
Expiry Date:			
Name on Card:			
<b>Option B. Direct Transfer</b>			
*If you choose to use this method we need a remittance receipt to process your order*			
Account Name: OZ Uniforms PTY LTD			
BSB Number: 062 174			
Account Number: 1046 6652			
Bank: Commonwealth			

### DELIVERY

Tuesday and Friday during the school term.  
Orders and payment must be placed by 4:00pm the day before delivery.

Any further enquiries please call Elle 0421 216 414