## Salad Boxes - $4.50 G

Served with Lebanese Bread

- Garden Salad
- Greek Salad
- Chicken Caesar Salad
- Grilled Chicken & Salad
- Grilled Chicken, Tabouli & Hummus
- Chicken Schnitzel & Salad
- Creamy Tuna & salad
- Lite Ham & Salad

### Add Extra for

- Home-made Tabouli $0.80 G
- Home-made Hummus $0.50 G
- Boiled Egg $0.70 G

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### TOASTED FOCACCIAS OR TURKISH BREADS

$5.50

1. Ham, Cheese & Tomato
2. Chicken, Avoc, Sun-dried tomato & Tasty Cheese
3. Smoked Salmon, Cream Cheese & Capers
4. Vegetarian

### Home-made Items

- SELECTED DAYS ONLY

<table>
<thead>
<tr>
<th>Day</th>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td>Chicken Fried Rice</td>
<td>$4.00 G</td>
</tr>
<tr>
<td></td>
<td>Vegetarian Fried Rice</td>
<td>$3.50 G</td>
</tr>
<tr>
<td>TUESDAY</td>
<td>Chicken Snitz, Mash &amp; Gravy</td>
<td>$4.50 G</td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td>Spaghetti Bolognese</td>
<td>$4.00 G</td>
</tr>
<tr>
<td></td>
<td>Shepherds Pie</td>
<td>$4.50 G</td>
</tr>
<tr>
<td>THURSDAY</td>
<td>Curry Chicken &amp; Rice</td>
<td>$4.00 G</td>
</tr>
<tr>
<td></td>
<td>Lasagne</td>
<td>$4.50 G</td>
</tr>
<tr>
<td>FRIDAY</td>
<td>6 x Chicken Nuggets</td>
<td>$3.80 A</td>
</tr>
<tr>
<td></td>
<td>Cheeseburger</td>
<td>$4.00 A</td>
</tr>
<tr>
<td></td>
<td>Hot Dog w/ sauce</td>
<td>$3.50 A</td>
</tr>
</tbody>
</table>

### Winter Soups

- Pumpkin / Chicken & Sweet Corn / Vegetable
  - $5 w/ Dinner Roll

### Healthy Food Guidelines

- GREEN: A
- AMBER: R
- RED: G

- GLUTEN FREE AVAIL ON REQUEST
- ADD Extra for Home-made Tabouli, Hummus, Boiled Egg

More info on the Lunch Menu can be found at the website: [www.melstastybites.com](http://www.melstastybites.com)

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